

परिसरपर्श.....

TOUCH TO TRANSFORM

Issue : 5

MAHA ACADEMY OF PEDIATRICS

Maharashtra State Branch of
Indian Academy of Pediatrics

Society Reg.No.
Maharashtra/529/2009/Nashik

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**MARCH
2021**

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President Message



Dr. Jayant Damodar Pandharikar

President

Maharashtra IAP - 2020

Dear fellow MAHA IAPians,

SEASON'S GREETINGS..!

Happy to present 1st issue of "Paris sparsh", an official mouth piece of Maharashtra IAP in the year 2021 . Proud to mention that MAHA IAP has published this bulletin every 2 months, first time in its history in the year 2020, congratulations to all office bearers of various branches, contributors, and Editorial team of MAHA IAP Dr Sandip Dankhade and Dr Sadachar Ujalambkar.

Year 2021 started with great hopes and ambitious planning for the year ahead by all the district branches. But upsurge of corona cases in the state has again slowed the activities in physical form. Even first issue of "Paris Sparsh" was to be released at Maha IAP sports at Amravati. Organizing team and IAP Amravati was all set to welcome almost more than 200 Maha IAP sportspersons for this event on 27th and 28th February. But just a week before corona surge started and lockdown declared at Amravati, so we had to postpone this event.

I congratulate all the new teams of office bearers of all district branches. Happy to know about various activities conducted by many city branches in spite of corona pandemic. Many members of MAHA IAP working in govt and corporate set ups are doing their best as front line warriors against covid. Maharashtra IAP is proud of their dedication and devotion for the cause. Upgrading knowledge and skills is a critical element in the future success of every IAPian, so in addition to dIAP, Maha IAP has come up with its own digital platform. I appeal all city branches to utilize it for CMEs, webinars, case discussions and reach out state /nation wide. I am thankful to our national president Dr Piyush Gupta and team CIAP for allotting various modules to our city branches.

My sincere thanks to CIAP for allowing us to translate parental guidelines to

marathi. My appeal to all esteemed members to visit our updated website and access our Windows "my academic query" to get your academic query solved. We have started "MAHA IAP KATTA" for exploring talents amongst us. It will include performances, discussions, interviews with experts from every field apart from academics. So be prepared to perform and enjoy the fun. This year we are coming up with mega project, "Sickle -Thalassemia prevention program" which will be lasting for next few years. Main object is to make our medical fraternity, Obstetricians and common public aware about the prevention of Sickle, thalassemia disease. Seek your cooperation/ inputs in conducting this mega project across the state.

Again, with sudden rise in corona cases, it seems to be long battle against covid, so please take utmost care of yourselves, family members, hospital staff. Do help govt agencies in vaccination program against covid. Please take care and stay safe. This year's MAHA IAP'S theme is kept same, "TOUCH TO TRANSFORM", so let's work together and with your gentle "TOUCH", we can "TRANSFORM" lives of many children to happy and healthy state With Best wishes !

Long live IAP.

Yours in academic services.

Date : 01/04/2020

Dr. Jayant Damodar Pandharikar

President

Maharashtra IAP - 2020

Secretary Message



Dr.Sadachar Ujalambkar

Secretary General
Maharashtra IAP 2019-20

Dear colleagues,

It's been a great pleasure to present to you the first issue of Mahaiap bulletin 2021. It was very marvelous last year as far as the activities part by all active branches of the state. I congratulate all active branches for their hardwork & dedicated efforts in conducting academic & non academic activities last year inspite of pandemic situation. Another major highlight was First digital conference MAHA-PEDIUTSAV 2020. This historic event was attended & appreciated by large numbers all across state. This was a great team work & I found myself very much fortunate to be an organising secretary of the said event. Mahaiap also received many prizes & accolades at Hybrid Pedicon 2021, Mumbai at national level. This all was possible only due to cooperation, support & blessings from all state branch OBs & Fellow MahalAPIans. In continuing last year's legacy, we at Mahaiap have launched our own virtual platform - Digital MAHAIAP- on 18th March 2021. We have also launched You Tube channel & Facebook page along with this. This venture will facilitate us to conduct academic & non academic activities with unlimited number of participants. This will also open up the more opportunities for the budding faculties of our state. We are planning non academic activity as MAHAIAP कट्टा which will be Unique state level event. This will include performances, discussion, narratives & presentation of life time devotion by the passionate workers of respective fields & their interviews. They will be the experts from the field of Arts, Music, Social activities & Entertainment. This program will be the excellent platform to explore the passion & talent amongst us in so many non academic fields. We are also planning for academic activities which will be more of case based & useful for our routine clinical practice. I Appeal all of you to attend & participate in these programmes in large numbers. As there is second wave of pandemic in full force now, I appeal all to take good care of themselves. I thank our Honorable Mahaiap President Dr Jayant Pandharikar sir for his cooperation & support. I also thank all esteemed EB members of MAHAIAP for their cooperation last year & expect the same this year also to achieve greater heights for MAHAIAP in years to come.

Jay MAHAIAP...Jay HIND ...!!

Yours sincerely,

Dr Sadachar Ujalambkar

Secretary Maharashtra state IAP

Editor's Message



Dr. Sandeep Dankhade

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Dr. Sadachara Ujalambkar

Co-Editor

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Dear fellow Mahaiapians,

Season's greetings..!

It's our immense pleasure to present before you, the First edition of MAHAIAP bulletin "परीस स्पर्श"- 1 for this year.. Thanks to the encouragement by Maha IAP president - Dr Jayant Pandhrikar sir and secretary - Dr Sadachar Ujalambkar, and all the Iapians, who has given their inputs in this Bulletin. Friends ,we are adopting the "new normal" in the pandemic of covid-19 and internet is playing an important role in maintaining the communication amongst all Iapians. This fact helped us to publish our e- Bulletin and keep in touch with the Iapians all over the Maharashtra. We congratulate all the authors and office bearers for their inputs in this bulletin. Wishing you all a pleasant summer ahead...!

Jai Maha IAP.. Stay safe.

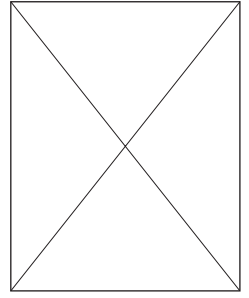
Dr. Sandeep Dankhade

Chief editor- Bulletin MAHAIAP 2021

Dr. Sadachar Ujalambkar

Co- editor Bulletin MAHAIAP 2021

The Last lesson...!



Dr. Shubhada Khirwadkar

M.9823075200

As she entered the classroom, the noisy chatter of her students muted down in a forced hurry. She always commanded a near perfect silence to greet her entry.

Her chiselled dark face with her straight & upturned sharp nose adorned with a sparkling diamond nose ring & piercing dark eyes looked a bit morose & more strained than usual ! She came in with a little uncharacteristic, hunched demeanor; quite contrary to her usual erect one! She gave us a look we couldn't fathom, went with measured steps to the black board & wrote quietly... 'The last lesson'!

This immediately whirred such murmurs amongst us ...” The last lesson? What? Whose? Hers? Why?” We still have a month to go before the school closes down for our annual vacation. Isn't it?” And she is not retiring yet! Is she?”

Mrs. Rao just had to raise her voice a scale higher & say “Class!” That one word disallowed any room for further discussion. Looking dapper in a starched cotton saree & her perfectly braided salt & pepper hair, she said matter of factly: “Let’s talk about war. Which wars do you know?” She just looked at the faces with raised hands & pat came the replies....

”India- Pakistan (this being the most recent in our memories!) Indo- China war, World wars one & two!”

“ Oh, Good!” was her response!

(Those gratified faces literally lit up with our Rao teacher’s “Good!”

for, that was a rare prize to be won!)

“Wars are being won & lost since human history began!

And “What are its effects?”, she asked.

“It brings death & destruction”, we replied in chorus.

“Right!”

“And the victor imposes his wills, whims & fancies on the conquered”, she continued.

“He tries to break their souls!”

We were now being taken into an unexplored territory...

” This is a tale of one such event that is being narrated by a French school boy like you... The last lesson, his teacher of French language, took for his class when the victorious Germans had imposed an order that from the next day, only German would be the language taught in schools, the French territory of Alsace & Lorraine which were recently added to the German empire after they won the Franco Prussian war...”, she explained.

The two French names of the towns, she pronounced with such elan; it indicated her love for French too, in addition to English language, which she ‘literally’ breathed! “Oh! That’s how & why ‘The last lesson’ was on our blackboard!”, we all said to ourselves with a huge sigh of relief!

For the entire next week we were then treated to the sheer joy of learning about the emotional world of a student & his teacher taking his last lesson in French. The protagonist was so distant from us yet seemed so near! That is the hallmark of a good story... its universal appeal!

Right?

So, right was our English teacher too! How well she had devised for us a perfect ‘Lesson plan’- for this very famous, poignant story of how war wrecks hearts & how spiritedly people fight for their love of a language!

Right from her entry into the classroom, her serious beginning, the mood, her build up towards the tale through discussions, everything was so well crafted in her brain & nicely framed in her heart. She must have taken her lessons in Educational psychology to her heart; For, for every chapter in our English textbook or a poem she had her own little tale entwined into it...Be it Wordsworth’s ‘Daffodils’, a Wodehouse or Kipling’s ‘Mowgli’. She vividly brought out every nuance of the piece in the forty five minutes she was allotted daily to teach English to us.

Every day we craved for more & she fed us with ‘extras’, the next day!.

The classics like ‘Charge of the Light Brigade’, ‘Ivanhoe’ or a piece from Shakespeare’s ‘Midsummer night’s dream’ had special place in her heart. Lest we miss the beauty of these for want of time, she taught them in Sunday’s extra classes which could go on for hours. We had neither the heart nor the courage to miss these classes for anything!

How could we?

She commanded such awe & respect that just a stern look given by her for any misdemeanour would seem like a slap on the face. Her taunt or a carefully worded reprimand given publicly would be an unforgettable insult for the students, to say the least!

A stickler for perfection, she wouldn’t tolerate any laxity in usage of words or grammar.

And how well she taught Grammar ... almost as if it was Mathematics!

She knew her Wren & Martin's like the back of her hand!

This huge book had tons of exercises on clause analysis, her favorite grammar game! Initially we used to loathe going through the long winding sentences searching for the main clause & the subordinate clauses. But, bye & bye it became fun, as we mastered the art.

It felt like solving a jigsaw puzzle & getting a right✓ from Mrs.Rao's red pen was a prized possession for us all!

So was buying or even reading a book from our school library, which she had recommended!

She was so completely fascinated by these works of art that just teaching chapters of a textbook would never satiate her. She needed to share her joy with her students. So, every Friday, we would rush to the library to know the list of her recommendations.

Though Enid Blyton (Famous Five, Secret Seven, Malory Towers), dominated the list in our middle school, the focus changed to English Classics in their abridged versions by 8th standard & by the time we left the school, we had feasted on most of them! She always remained keen to know what exactly we loved a book for!

Though as young girls the romantic Mills & Boon series had caught our fancy, we dared not even mention it to her ! Hitchcock & Alistair Mc Clean were catching up with us too...

However, we feared that these ones were not classy & would never match up to the standard she had set for our reads.

But we soon realized how wrong was the notion!

She, to our utter surprise enthralled us all with the then trending Mc Clean bestseller: Breakheart Pass, in one of the free periods!

What a beautiful narration it was...

This was soon followed by Hercule Poirot stories by Agatha Christie!

Mrs Rao's simple logic was that, language enrichment needs stories & these writers may not have written classics but they were certainly good story tellers! A student should get different exposures ... just making him read classics all the time may in fact pull him away from the habit of reading, she firmly believed. Bye and bye classics start imbibing in you & the "also ran" become a passing fancy soon. However, a Maughm or a O. Henry book stays with you even after all these years! She saw to it that the library had enough variety to attract students... that's why she fought for new & trendy writers too to find a place in our library!

A visit to her home by few of us for the preparation of our language festival was an amazing experience! We saw an entirely new, homely & motherly side of our classy Iron

lady, Mrs Rao..!

It was so pleasing to see her talking endearingly on mundane matters, preparing tea for us, letting us sift through her collection of books & appreciating our baby steps in writing poems.

Just as we were discussing our festival, out of nowhere came her prompt!

“Would any of you wish to come here daily early in the morning to read & write?” she asked.

None of us were ready for this!

“Was it to be another ‘extra tuition’ class?” we thought!

All the same, we started going to her home before Sunrise, the following week. She made us read her treasure of poems, passages, stories... we wrote letters, filed reports & made precies in the beautifully silent mornings.

There was no race with time & no competition for marks. It was sheer magic of being friendly with a language we started loving. Critical appreciation of a poem went beyond figures of speech & rhyme scheme! She showed us in a purely magical way how to appreciate & enjoy the beauty of expression!

We thus began to understand what T. S. Eliot had once said

‘A Genuine poetry can communicate before it is understood’!

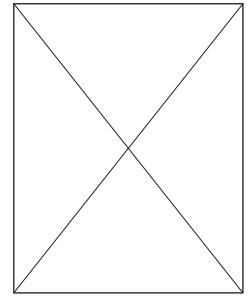
Just as all good things in life come to an end, so did our association with her.

Mrs Rao sitting in her favourite wooden armchair, donning a daffodil coloured pale yellow saree... the sun rays sifting through the typical aroma of her morning cuppa of tea & she, looking endearingly at us asking... “Enjoyed your English, dears”?

That is my Last Lesson from her... beautifully etched in my memory!

An everlasting Joy, indeed!

Hand Hygiene Importance and Techniques



Dr Sangeeta Lodha

Definition

“The act of cleaning hands, for the purpose of removal of soil dirt and microorganism.” Our culture and traditions have been to greet and say Namaste when we meet and similarly, we ought to wash our hands before prayers when we enter any religious place or touch any of our religious Scriptures. Why are we to wash our hands it is to keep our selves clean since hands keep touching most of the things be it the guide rails on stairs or lifting any thing or touching any sick person or animal etc.

There is a correlation between health with cleanliness of our hands as our palms are full of dust, germs and bacteria, there are almost 29500 types of germs and our skin normally protect us from these germs. But if we have cuts or injuries these germs or bacteria are likely to enter our body and get us sick and unhealthy. Hence hand hygiene is very important to prevent infection for safety of our health and our family’s health. The relation between hand wash and health was first recognized almost two centuries ago by Dr Ignaz Semmelweis a Hungarian Doctor, working in Vienna General Hospital. He is known as the Father of Hand Hygiene. He imposed a new rule mandating hand washing with chlorine for doctors, after that Dr Louise Pasture and Dr Ester Joseph did lots of research on antiseptics.

Hand washing is basic but very important hygienic process for everybody including doctors. The Hand hygiene by properly washing hands will prevent people getting sick and unhealthy. In fact, millions of deaths can be prevented and spread of disease minimized if everyone routinely are washing their hands. The main medical purpose of washing hands by doctors is to cleanse the hands of pathogens (like bacteria or viruses) and chemicals before administering medicine or during medical care which can otherwise cause harm or disease. Doctors can use simple soap water and any anti septic solution, antimicrobial solution or alcohol hand rub which is more effective for anti-sepsis.

WHO recommended 5 moments for hand hygiene for Doctors

1. Before touching a patient.
2. Before clean /aseptic procedure
3. After body fluid exposure/risk
4. After touching a patient.
5. After touching patient surroundings.

When should we wash our Hands

1. Before eating and cooking.
2. After using the bathroom.
3. After cleaning around the house.
4. Before and after visiting or taking care of any sick friends or relative.
5. After touching animals or even family pets.
6. After blowing one's nose, coughing, or sneezing.
7. After being outside (playing, gardening, walking the dog, etc.)

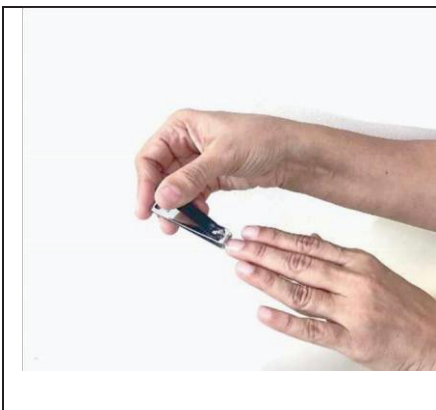
5 simple Ways of cleaning hands.

1. Wet your hands with clean running water (warm or cold), turn off the tap and apply soap.
2. Lather your hands by rubbing them together with the soap.
3. Scrub your hands for at least 20 seconds.
4. Rinse your hands well under clean running water.
5. Dry your hands using a clean towel or air dry them.

There are 7 steps to wash your hand properly.

Before Hand wash one should ensure nails are cut and Wet your hands and apply enough soap (coin size).

1. Step 1 -Rub your palm together



2. Step 2 -Rub the back of your both hands



3. Step 3-Interlace Fingers and rub the hands together.



4. Step 4 -Inter lock fingers and rub the back of fingers of both hands



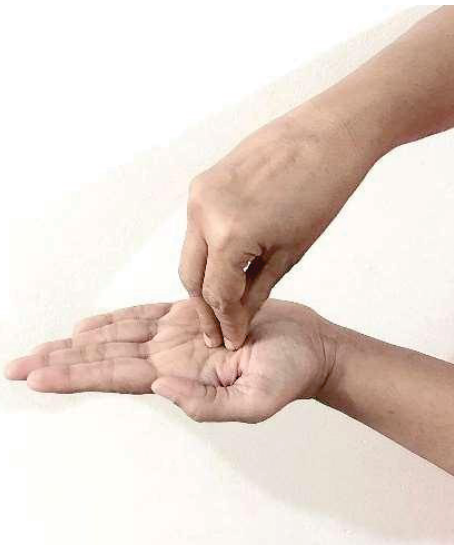
5. Step 5 -Rub the thumb in a rotating manner followed by the area between index finger and thumb



6. Step 6 -Rub fingers on palm for both hands



7. Step 7- Rub both wrists in a rotating manner rinse and dry thoroughly.



ACTIVITIES OF NAVI NASHIK January to March 2021

- No - 1: National girl child day celebration by IAP Nasik branch with Facebook online session on four topics with four speakers. 24/01/2021 : Event coordinator- Dr.Reena Rathi, Topics : Menstruation - Dr Sharmila Kulkarni, Rights of girl child - Dr Sangita Lodha, Adolescent phases in girl - Dr Sulbha Pawar, Government schemes for girls - Dr Ravindra Sonawane,
Link - <https://youtu.be/IIDOi7grlWc>
- No - 2 महाराष्ट्र आय ए पी चे कार्यालय टेरेस वर प्रजाजस्ताक दिण च कार्यक्रम संपन्न झाला या प्रसंगी नाशिक आय ए पी चे ज्येष्ठ सदस्य डॉ.मोहन टेंबे यांच्या हस्ते ध्वारोहण झाले या प्रसंगी नाशिक आय ए पी चे सचिव डॉ.रीना राठी, खजिनदार डॉ.गौरव नेरकर, डॉ.संगीता बाफना, डॉ.सुलभा पवार, डॉ.पवन देवरे, इत्यादी मान्यवर उपस्थित होते.
दिनांक - 26-01-2021
- No - 3 IAP Nashik Branch in association with SRCC Narayana Hospital, Mumbai cordially invite you for CME on "Pediatric Super-speciality Updates.
Date - 05-02-2021
- No - 4 आज नाशिक आय ए पी चे वतीने लाखमापूर येथे बाल चिकित्सा शिबिराचे चे आयोजन करण्यात आले हेते या वेळेस सचिव डॉ.रीना राठी आणि खजिनदार डॉ. गौरव नेरकर यांनी ५०० ते ५५० बालकांची तपासणी करून वेगवेगळ्या प्रकारच्या औषध सामग्री चे वाटप करण्यात आले.
दिनांक - 08-02-2021
- No - 5 National Deworming Day, Date 10-02-2021, No - 6, No - 7 & No - 8

Facebook LIVE

INDIAN ACADEMY OF PEDIATRICS
NASHIK DIST. BRANCH

NATIONAL GIRL CHILD DAY
24th JANUARY

Let's Talk...
"FEW IMPORTANT POINTS REGARDING GIRL CHILD"

24/01/2021 | 05:00-06:00 pm

SPEAKER

RIGHT OF GIRL CHILD
Dr Sangita Bhafna

GIRLS IN ADOLESCENT PHASE
Dr Sulbha Pawar

MENSTRUATION
Dr Sharmila Kulkarni

CENTRAL SCHEMES FOR GIRLS
Dr Ravindra Sonawane

TEAM

Dr Ravindra S Sonwane
President

Dr Reena Rathi
Secretary

Dr Akshay Patil
Joint Secretary

Dr Gaurav Nerkar
Treasurer

Join Us: <https://fb.me/e/Jb07piOm>





लखमापूर : विद्यार्थ्यांना साहित्य वाटप करताना विजय मकावाना, मिनल कुलकर्णी, प्रवीण देशमुख, मंगल सोनवणे, ज्योती देशमुख, सुभद्रा देशमुख, नाना सोनवणे, गुलाब देशमुख, बाळू खराटे आदी.



लखमापूर शाळेत साहित्यवाटप

लखमापूर : कोरोनाच्या काळात संपूर्ण जग विस्कळित झाले आहे. अनेकांना जगण्यापासून संघर्ष करावा लागत असून, अशा लोकांना मदत मिळावी म्हणून सामाजिक फाउंडेशनच्या वतीने 'एक हात मदतीचा' या उपक्रमांतर्गत कायमस्वरूपी मदत मिळवून दिली जाईल, असे प्रतिपादन मिनल कुलकर्णी यांनी केले. लखमापूर जिल्हा परिषद शाळेतील विद्यार्थ्यांना साहित्याचे वाटप करण्यात आले. त्या वेळी त्या बोलत होत्या. या वेळी मुंबई येथील आम्रौत फाउंडेशन, वासिस्त फाउंडेशन, माउली बॉइज मुंबई यांच्या वतीने तीनशे विद्यार्थ्यांना मास्क, सॅनिटायझर, वह्या, खेळ साहित्य, बिस्कटे, चॉकलेटचे वाटप करण्यात आले. या वेळी विजय मकावाना, मिनल कुलकर्णी, स्कूल कमिटी अध्यक्ष प्रवीण देशमुख, मार्जी सरपंच मंगल सोनवणे, ज्योती देशमुख, सुभद्रा देशमुख, ग्रामपंचायत सदस्य नाना सोनवणे, जिल्हा परिषद शाळेचे शिक्षक संजय जगताप, गुलाब देशमुख, बाळू खराटे, संगीता पाटील, अमृता राजपूत, बालरोगतज्ज्ञ संघटनेचे सेक्रेटरी डॉ. राठी, डॉ. नेरकर, डॉ. दत्तात्रय केदार यांच्या उपस्थितीत विद्यार्थी व माता-पालकांची मोफत आरोग्य तपासणी करण्यात आली.



Nashik, Malegaon
10/02/2021 Page No. 3



Detailed talk with the mother

- * Mother's most consistent and persistent complaint -> Lower limb pain and weakness
- Phn: Intermittent, severe, debilitating, burning pain involving both lower limbs with variable distribution with inability to bear weight, occasionally associated with redness of toes, disturbing sleep, lasting for few hours at a time.
- * Possible differentials for pain:
 1. Peripheral neuropathy
 2. Mononeuritis multiplex
 3. Vasculitis with Raynaud's phenomenon and intermittent claudication

Akshay Patti

Dr. Anand D.

43 Vaikhari 8C

Prasanna

Sanjita Chadha

ripal shah

Gaurav's iPhones

Meghana Nat.

Dipashree Tata

Madhuri Jadhav

Lajeshree Sawant

Dr Shalaka Bagu



INDIAN ACADEMY OF PEDIATRICS
NASHIK DIST. BRANCH

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Dr. Ravindra S. Sawane (President) | Dr. Renuka Rathi (Secretary) | Dr. Gaurav Nerke (Treasurer) | Dr. Anand Patil (Member)

MEETING
Dr. Parag Ekapure | Dr. Anand Patil | Dr. Anand Patil (Office) | Dr. Anand Patil (Office)

LETTER TO:
All members of the Branch
All members of the District Branch
All members of the State Branch
All members of the National Branch

DATE: 13/02/2021

TIME: 4:30 pm

TOPIC: Awareness about sexual and reproductive health

MEETING ID: 247 490 8871

Passcode: gTED1s

Dr. Ravindra S. Sawane (President IAP Nashik, In.) | Dr. Renuka Rathi (Secretary IAP Nashik, In.)



M.V.P. Samaj's Institute of Nursing Education, Vasantdadanagar
Adgaon, Nashik, Maharashtra 422207, India

Latitude: 20.0346652° | Longitude: 73.8548026°
Local: 12:24:31 PM | Altitude: 564.85 meters
GMT: 06:34:21 AM | Sunday, 14. 02. 2021

INDIAN ACADEMY OF PEDIATRICS
NASHIK DIST. BRANCH

Secy. Reg. No. P-13438704
Borewells, 7th Flanking, Eastern Corner, Gangapur Road,
Nashik - 13, Tel: 0253313143

Dr. Ravindra S. Sawane (President) | Dr. Renuka Rathi (Secretary) | Dr. Gaurav Nerke (Treasurer) | Dr. Anand Patil (Member)

MEETING
Dr. Parag Ekapure | Dr. Anand Patil | Dr. Anand Patil (Office) | Dr. Anand Patil (Office)

LETTER TO:
The Staff and Nursing College

DATE: 13-02-2021

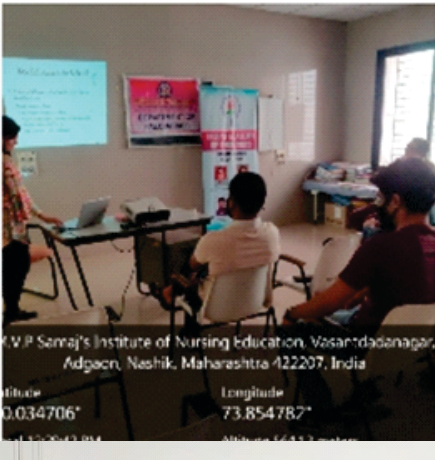
TIME: 11:30 - 1:00 pm

TOPIC: Awareness about sexual & reproductive health

MEETING ID: 247 490 8871

Passcode: gTED1s

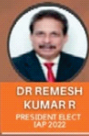
Dr. Ravindra S. Sawane (President IAP Nashik, In.) | Dr. Renuka Rathi (Secretary IAP Nashik, In.)



DEMYSTIFYING DOWNS - THE ROLE OF PEDIATRICIAN



DR PIYUSH GUPTA
PRESIDENT IAP 2021



DR REMESH KUMAR R
PRESIDENT ELECT IAP 2022



DR BAKUL JAYANT PAREKH
PRESIDENT IAP 2020

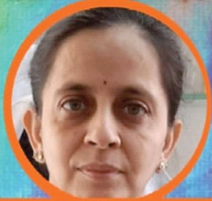


DR G V BASAVARAJA
HONORARY SECRETARY GENERAL IAP 2020



DR JAYANT V UPADHYE
VICE PRESIDENT IAP 2021 WZ

JOIN US FOR A TIMELY AND ENRICHING DISCUSSION WITH



DR UMA BACHHAV
EXPERT



Please [click here](#) to join

DATE: WED, MAR 24
TIME: 4PM TO 5PM



DR ANAND S DESHPANDE
FR MHPWA



DR ANIL SHRIRAM RAUT
FR MEMBER



DR NARENDRA R NANIVADEKAR
FR MEMBER



DR PRASHANT B JADHAV
FR MHPWA



DR PARAMANAND G ANDANKAR
FR MEMBER



DR JAYANT D PANDHARIKAR
PRESIDENT MAHARASHTRA



DR SADACHAR A UJALAMBARKAR
SECRETARY MAHARASHTRA



DR. RAVINDRA S. SONWANE
PRESIDENT NASHIK



DR. REENA RATHI
SECRETARY NASHIK



DR. AKSHAY PATIL
JOINT SECRETARY NASHIK



DR. GAURAV NERKAR
TREASURER NASHIK

DEAR IAPIANS,

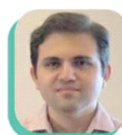
WE, IAP NASHIK ARE CELEBRATING

WORLDS RARE DISEASE DAY. (28TH FEBRUARY 2021)

Kindly join us for Rare Case presentation by



Dr. Anand Diwan
MD (Paeds) DNB (Neuro)
Neurologist



Dr. Rahul Koppikar
DCH, DNB, Fellowship in neonatology
Neonatologist



on **Monday, 1st March, 2021** from **5 PM to 5:30 PM** on **Zoom** online platform.

Zoom Meeting ID: **745 4066 7088**
Passcode: **eqpK7L**

- Moderator -



Dr. Ravindra S Sonwane
Professor and HOD, Dept of Pediatrics,
VPMC, Nashik

Regards,



Dr. Ravindra S Sonwane
President



Dr. Reena Rathi
Secretary



Dr. Akshay Patil
Joint Secretary



Dr. Gaurav Nerkar
Treasurer

ROLE OF A PEDIATRICIAN IN PREVENTING THE BIRTH OF DOWN SYNDROME



DR PIYUSH GUPTA
PRESIDENT IAP 2021



DR REMESH KUMAR R
PRESIDENT ELECT IAP 2022



DR BAKUL JAYANT PAREKH
PRESIDENT IAP 2020



DR G V BASAVARAJA
HONORARY SECRETARY GENERAL IAP 2020



DR JAYANT V UPADHYE
VICE PRESIDENT IAP 2021 WZ

JOIN US FOR A TIMELY AND ENRICHING DISCUSSION WITH



DR.DNYANDEO CHOPADE
PRESIDENT DOWNS SYNDROME CARE ASSOCIATION, INDIA



Please [click here](#) to join

DATE: FRI, MAR 26
TIME: 3PM TO 4PM



DR ANAND S DESHPANDE
FR MHPWA



DR ANIL SHRIRAM RAUT
FR MEMBER



DR NARENDRA R NANIVADEKAR
FR MEMBER



DR PRASHANT B JADHAV
FR MHPWA



DR PARAMANAND G ANDANKAR
FR MEMBER



DR JAYANT D PANDHARIKAR
PRESIDENT MAHARASHTRA



DR SADACHAR A UJALAMBARKAR
SECRETARY MAHARASHTRA



DR. RAVINDRA S. SONWANE
PRESIDENT NASHIK



DR. REENA RATHI
SECRETARY NASHIK



DR. AKSHAY PATIL
JOINT SECRETARY NASHIK



DR. GAURAV NERKAR
TREASURER NASHIK

DEAR IAPIANS,

IAP NASHIK & DR.VPMC, NASHIK ARE CELEBRATING WORLD HEARING DAY. (3rd MARCH)

Kindly join us for Interesting program " Newborn Hearing Screening " by



Dr. Sadachar Ujalambarkar
MAHA IAP Secretary,
Topic Name- Early Detection & Remediation



Dr Sagar Sonwane
Ex Secretary MAHA IAP
Associate Professor,
VPMC, Nashik
Topic Name- Role of OAE



on **Wednesday, 3rd March** from **4 PM to 4:40 PM** on **Zoom** online platform.

Zoom Meeting ID: **761 4151 8120**
Passcode: **5eNR4N**

- Moderator -



Dr. Ravindra S Sonwane
Professor and HOD, Dept of Pediatrics,
VPMC, Nashik

Regards,



Dr. Ravindra S Sonwane
President



Dr. Reena Rathi
Secretary



Dr. Akshay Patil
Joint Secretary



Dr. Gaurav Nerkar
Treasurer

Recording

You are viewing Dr. Anand Diwan's screen

View Options

Weight for Height below 5 years

tushar gobbole

Akshay Patil

Further course

- Day-5- Partial improvement noted for the treatment started considering SSPE. (Clonazepam and Sodium Valproate)
- Flaccid quadripareisis and generalized Chorea became obvious.
- His other tests showed CRP elevated, ASO titre of 800 and ECG - normal.
- He was diagnosed as **Chorea Paralytica** (severe form of Sydenhama's chorea)
- Added haloperidol and short term oral steroids.
- He recovered almost fully in 2 weeks and was discharged on VPM+ Benzathine penicillin prophylaxis.

Mute Stop Video Participants Chat Share Screen Record Reactions Leave

Recording

PROTECTED VIEW: An unsafe file from the Internet can contain viruses. Unless you need to edit, it's safer to stay in Protected View. Enable Editing

NBHSP IAP COCHIN

2003
1 Machine, 2 Hospitals, 1 Screener

2007
5 Machines, 38 Hospitals, 5 Screeners

June 2014
"Hearing Friendly Ernakulam District"
91 Hospitals (78), 7 Screeners, 1 Co-ordinator

Akshay Patil

Unmute Stop Video Participants Chat Share Screen Record Reactions Leave

NEED FOR EARLY DETECTION OF HEARING LOSS

Hearing impairment is one of the most devastating sensory impairment with significant social and psychological implications.

Failure to detect children with congenital or acquired hearing loss may result in life long deficits in speech and language acquisition, poor academic performance, personal social maladjustments and emotional difficulties

Sadachar Ujlamkar

DEAR IAPIANS,
WE, IAP NASHIK ARE CELEBRATING
WORLDS RARE DISEASE DAY. (28TH FEBRUARY 2021)

Kindly join us for Rare Case presentation by

Dr. Anand Diwan
MD (Paeds) DNB (Neuro)
Neurologist

Dr. Rahul Koppikar
DCH, DNB, Fellowship in neonatology
Neonatologist

on Monday, 1st March, 2021 from 5 PM to 5:30 PM on Zoom online platform.

Zoom Meeting ID: 745 4066 7088
Passcode: eqpk7L

- Moderator -

Dr. Ravindra S Sonawane
Professor and HOD, Dept of Pediatrics, VPMC, Nashik

Regards,

Dr. Ravindra S Sonawane
President

Dr. Reena Rathi
Secretary

Dr. Akshay Patil
Joint Secretary

Dr. Gaurav Nerkar
Treasurer

Detailed talk with the mother

- Mother's most consistent and persistent complaint -> Lower limb pain and weakness
- Pain: Intermittent, severe, debilitating, burning pain involving both lower limbs with variable distribution with inability to bear weight, occasionally associated with redness of toes, disturbing sleep, lasting for few hours at a time -
- Possible differentials for pain:
 1. Peripheral neuropathy
 2. Mononeuritis multiplex
 3. Vasculitis with Raynaud's phenomenon and intermittent claudication

Prasanna

Gaurav's iPhones

Madhuri Jadhav

Sanjita Chadha

Meghana Nat...

Lajeshree Sawant

43 Vaikhari 8C

ripal shah

Dipashree Tata

Dr Shalaka Bagu

ACTIVITIES OF NAVI MUMBAI IAP January 2021

Academic Activities January'2021

A) National Webinars by NMAP members:

- 1) **3rd January 2021** : ANTIMICROBIALS- EXPERT: Dr. Vijay Yewale
- 2) **10th Jan' 2021** : DEVELOPMENTAL SCREENING- APPROACH TO ADHD
MODERATOR: Dr. Leena Deshpande
- 3) **11th JAN' 2021**: IAP PRESIDENTIAL ACTION PLAN 2021: IAP GUIDELINES FOR PARENTS: JOINT NATIONAL COORDINATOR: Dr. Upendra Kinjawadekar
- 4) **19th Jan ' 2021**: ADVERSE REACTIONS TO COVID 19 VACCINE, Expert: Dr.K.Nagaraju, Moderator: Dr. Vikram Patra

B) Webinar at Branch Level :

- 1) **10th January 2021**: F.L.I.R.T -2 – Navi Mumbai IAP Annual Conference:
Program Details:
 - 1) **Inauguration** : By Auspicious Hands of President 2021, Dr.Piyush Gupta
 - 2) **Clash Of Clans** : To Be Or Not To Be a recipient of Covid Vaccine, Dr.Vijay Yewale Vs Dr. Upendra Kinjawadekar
 - 3) **Dedicate The Decade To Dear Ones** : Dr. Pramod Jog
 - 4) Humor Heals...Seriously? TEDa Talk : Dr.Shilpa Aroskar
- 2) **17th January 2021**:
DILEMMAS IN DIAGNOSIS OF EARLY ONSET NEONATAL SEPSIS, Expert : Dr.Piyush Jain
- 3) **28TH Jan' 2021**: Looking Beyond Pneumonia in Pneumococcal Disease, Speaker : Dr.Satish Shahane
- 4) **29th Jan' 2021**: Vaxenation, Expert: Dr. Vijay Yewale
- 5) **31st Jan'2021**: SUPERSPECIALITY WEBINAR

Topics :

- 1) Dr. Tanu Singal - Pediatric ID Specialist, JAB WE GET- Covid 19 Vaccine, HEARD immunity, Chairperson- Dr Jeetendra Gavhane,
- 2) Panel Discussion: Pediatric Cardiac cases, Moderator - Dr Shilpa Aroskar / Dr.Subash Rao, Panelists - *Dr. Suresh Rao -* Pediatric Cardiac Surgeon, And *Dr. Prashant Bhabate , Pediatric Cardiologist*
- 3) Chalte Chalte, Bowing in children - Dr.Vikas Basa, Pediatric Orthopedic Surgeon
Chairperson- Dr Satish Sahane.
- 4) Ra one : Laproscopic and Robotic surgeries in children - Dr. Gursev Sandlas, Pediatric Surgeon, Chairperson - Dr Vikram Patra.

C) Social Activities:

- 1) Newspaper article on Parenting in Dainik Hindusthan paper by Dr. Kiran Vaswani . Her interview was also covered in Amravati TV channel.
- 2) Covid vaccine was taken by many NMAP members on the first day of vaccination and messages with photographs taking the vaccine was posted in various social media encouraging people to take the vaccine and allaying their fears and apprehensions about the vaccine.
- 3) National Girl Child Day was celebrated by posting messages and posters in social media and whatsapp group spreading awareness about the inequalities faced by a girl child in the Indian Society.

- 4) A video on Child Nutrition was released by Dr. Upendra Kinjawadekar on Republic Day focussing on nutrition since birth and making the children healthy.
- 5) A video on Antenatal hydronephrosis discussing the incidence, causes and diagnosis was released by Dr. A. K. Singal and Dr. Ashwita Shenoy <https://youtu.be/mEhKvt5oGTg>

D) Other Achievements of the Branch :

IAP Navi Mumbai is the winner of 14 Awards at the National Level including the Best Branch Award!!

BEST BRANCH- 1ST PRIZE

World Breastfeeding Week- 2ND PRIZE , ORS-3RD PRIZE , Teenage Day- 3RD PRIZE, Child & Adolescent Health Care Week- 1ST PRIZE, Daughters Day -3RD PRIZE, IAP Healthy Lifestyle Day- 1ST PRIZE, Antimicrobial Awareness Week- 2ND PRIZE, Rational Antibiotic Day- 2ND PRIZE, World Downs Syndrome Day- 1ST PRIZE, Autism Awareness Day -2ND PRIZE, IAP Charity Day - 2ND PRIZE, World Obesity Day- 2ND PRIZE, World Anaemia Day- 2ND PRIZE.

- 2) Department of Pediatrics, MGM Medical College, Navi Mumbai in association with IAP Navi Mumbai hosted the West Zone UG Quiz on 9/1/21, Saturday at 2.00 pm. 4 teams from West zone of India competed in this quiz session for the final rounds at National PEDICON.

Quiz competition was inaugurated by Dr Jeetendra Gavhane, President IAP Navi Mumbai. Quiz Host - Dr. N. Revathi, Quiz Co - Host - Dr. Vikram Patra, Quiz Expert - Dr. Vijay Kamale, Prof. and HOD, Pediatrics, MGM Medical College,

- 3) A book on Polio : The Eradication IMBROGLIO: The malady and its remedy, A book on polio written by Dr. Jacob John and Dr. Dhanya Dharmapalan

The image is a collage of various items related to the IAP Navi Mumbai branch. On the left, there is a grid of 18 small video call windows showing participants in a Zoom meeting. The names of the participants are visible at the bottom of each window: Dr. Bakul Jayan, Dr. Kiran Aggar, Dr. Piyush Gupta, THANGAVELU, Dr. Upendra, Dr. Preeti Galag, Dr. G V Basavar, Sanwar Agraw, Jagdish Chinn, Sujatha Thyag, CP Bansal, Sriram, Sheffali Gulati, Manmeet Sodhi, and Prof. Nagaraju. On the right side, there are three larger posters. The top poster is for a webinar titled 'Webinar :Adverse reactions to Covid 19 vaccine'. The middle poster is for an 'ANNUAL SCIENTIFIC MEET WEEKLY MB-CONNECT ON SUNDAYS (12:30PM - 3:30PM)' and lists speakers Dr. Amola Patel, Dr. Abraham Paul, and Dr. Somini Mehta. The bottom poster is for 'APPROACH TO ADHD' and lists a date of Sun, 10th Jan, time of 1pm to 1.45pm, and a moderator Dr. Leena Deshpande.

11TH JANUARY, 6PM

CORE COMMITTEE

JOINT NATIONAL COORDINATORS

For the first time, the Indian Academy of Pediatrics is working out with 100 Institutions for Parents related to taking care of children to both health and education. An effort to connect with parents by engaging in their

Dr. Shetty

DR. VIJAY N. YEWALE

CHIEF GUEST

DR. PIYUSH GUPTA
(CIAP PRESIDENT 2021)

Clash Of Clans

Join Online
F.L.I.R.T-2 Online
(Focused Learning Ideation And Rational Thinking)

Clash Of Clans
To Be Or Not To Be Recipient of Covid

Dr. Pramoj Joo
Dr. Shilpa Anandkar
Dr. Pramod Patil

Watch
Live On Next Monday 8PM YouTube Channel

TEAM NMAP

Join Online
F.L.I.R.T-2
(Focused Learning Ideation And Rational Thinking)

Clash Of Clans
To Be Or Not To Be Recipient of Covid

Dr. Pramod Patil
Dr. Shilpa Anandkar

Watch
Live On Next Monday 8PM YouTube Channel

Join Online
F.L.I.R.T-2
(Focused Learning Ideation And Rational Thinking)

Dedicate The Decade To D

Dr. PRAMOD PATIL
President

Watch
Live On Next Monday 8PM YouTube Channel

Join Online
F.L.I.R.T-2
(Focused Learning Ideation And Rational Thinking)

Humour Heals... Seriously??

Dr. SHILPA ANANDKAR
Consultant Paediatrician

Watch
Live On Next Monday 8PM YouTube Channel

PIC•COLLAGE
ZOOM



Dr Satish Shahane

Let's pave the way for a healthier tomorrow
SANOPI PASTEUR
 Invites YOU to
vaxonation
 Completing the circle of DTP vaccination with scientific updates & new immunization guidelines
 29th January 2021, 2:30 pm onwards

Dr. Vikas Deshpande, Dr. S. Rajendra Kumar, Dr. Nalin Singh, Dr. Hridya Khosla

ROLLANCE
 Invites you to a Super-specialty webinar with **RENOWNED PAEDIATRIC EXPERTS**
 On Sunday, 27th January, 2021, 3:00 pm to 5:00 pm
TOPIC: COVID-19 sessions, 4:00pm to 5:00pm
 Dr. Vikas Deshpande, Dr. S. Rajendra Kumar, Dr. Nalin Singh, Dr. Hridya Khosla

SUNDAY ACADEMIC BONANZA
Dilemmas in Diagnosis of Early Onset Neonatal Sepsis
 Dr. Arvind Warburton
 Dr. S. Rajendra Kumar
 Dr. Nalin Singh
 Dr. Hridya Khosla



POLIO
 THE ERADICATION IMBROGLIO
 The Malady & its Remedy
 T Jacob John & Dhanya Dharmapalan

T Jacob John is a pediatrician trained in India, UK and USA. Specialized in infectious diseases, he established India's first clinical diagnostic virology laboratory in the Christian Medical College, Vellore. He has four decades of experience in clinical, virological and epidemiological studies on polio and its prevention and control. He was President of Indian Association of Medical Microbiologists in 1994 and President of the Indian Academy of Pediatrics in 1999. After retirement as professor and head of the clinical virology department at CMC Vellore, he continues to be a fervent educator of the public and professionals, on infectious diseases and vaccinology.

Dhanya Dharmapalan is a pediatrician based in Mumbai, India trained in pediatric infectious diseases in Oxford, UK. Her main areas of interest are rational use of antibiotics, antimicrobial resistance in clinical pediatrics, pediatric COVID-19 and polio prevention. She holds the National Record of Youngest Editor of Pediatric Textbooks conferred by the India Book of Records. She has several research publications and works as a writing member for various educational modules for practicing pediatricians in India.

नवी मुंबई महानगरपालिका
 I have taken Covid 19 Vaccine. It is very safe. I appeal you all to vaccinate yourself.
Dr. Jitendra Gavhane
 President, IAP, Navli Mumbai
 मी कोव्हीड- 19 लस घेतली... आपणही घ्यावी. ती सुरक्षित आहे.
 डॉ. जितेंद्र गव्हाणे
 अध्यक्ष, आय. पी. नवी मुंबई

नवी मुंबई महानगरपालिका
 मी कोव्हीड- 19 लस घेतली... आपणही घ्यावी. ती सुरक्षित आहे.
 डॉ. विजय येवळे
 बालरोगतज्ज्ञ, वाशी

दैनिक हिंदुस्थान
आयुर्वेद रक्षक
उत्तम पालकत्व
 डॉ. विजय बरगवान्नी, डॉ. सुधीर श्रीवास्तव

Optimize age health
 Early detection growth failure
 Promote breastfeeding
 Working with charts
 Interventions in 1st hour of life
 Interventions for micronutrient
 Provision of services
 Primary feeding



ACTIVITIES OF NAVI MUMBAI IAP January & February 2021

1) Academic Activities

NMAP members conducted academic CME'S and webinars at National and Branch level , also many NMAP members took Academic sessions at CIAP PEDICON 2021- both physical and virtual.

ACADEMIC ACTIVITIES: NMAP

- 2) Covid vaccine was taken by many NMAP members on the first day of vaccination and messages with photographs taking the vaccine was posted in various social media encouraging people to take the vaccine and allaying their fears and apprehensions about the vaccine.
- 3) Newspaper article on Parenting in Dainik Hindusthan paper by Dr. Kiran Vaswani Her interview was also covered in Amravati TV channel.
- 4) Spreading Awareness :
 - a) A video on Child Nutrition was released by Dr. Upendra Kinjawadekar on Republic Day focussing on nutrition since birth and making the children healthy.
 - b) A video on Antenatal hydronephrosis discussing the incidence, causes and diagnosis was released by Dr. A. K. Singal and Dr. Ashwita Shenoy <https://youtu.be/mEhKvt5oGTg>
 - c) Dr. Dhanya Dharmapalan took a session on educating children on Covid, reaching out to more than 7000 school children along with Navi Mumbai Municipal Corporation
 - d) Facebook Live: NMAP Past President, Dr. Shilpa Aroskar addressed parents on Facebook Live on Fit Hai to Hit Hai: Nutrition for Children & Teens
 - e) Dr. Amog Shahane , an active member of IAP Navi Mumbai shared a video on social media on how we can avoid the young minds from becoming Gadget Zombies in her video :Young minds locked into Gadgets in Lockdown Times- the Sad Reality!! <https://youtu.be/VpPNrp-O0Lo>
- 5) Department of Pediatrics, MGM Medical College, Navi Mumbai in association with IAP Navi Mumbai hosted the West Zone UG Quiz on 9/1/21. Quiz competition was inaugurated by Dr Jeetendra Gavhane, President IAP Navi Mumbai.
- 6) Dr.Roopa Srinivasan had an international publication in international journal of Environmental Research and Public Health-
- 7) A book on Polio : The Eradication IMBROGLIO: The malady and its remedy
A book on polio written by Dr. Jacob John and Dr. Dhanya Dharmapalan
Dr. Dhanya Dharmapalan's book on – Current Trends In Diagnosis & Management for Paediatric and Adolescent Practitioners was released during the Pedicon 2021
- 8) Dr. Dhanya Dharmapalan was awarded FIAP – Fellow of Indian Academy of Pediatrics during the Pedicon 2021 this year
- 9) National Girl Child Day was celebrated by posting messages and posters in social media and whatsapp group spreading awareness about the inequalities faced by a girl child in the Indian Society
National Deworming Day Celebration : 10th February is celebrated as National Deworming Day.
A simple measure as oral deworming can correct this . NMAP President, Dr.Jeetendra Gavhane and our EB member Dr.Vikram Patra examined the underprivileged children and distributed Deworming medicines in Street Clinic in the slum areas. Also, Department of Pediatrics, D.Y Patil Medical College and Hospital conducted various Activities :
- 10)) IAP Navi Mumbai EB MEMBERS were part of the Organising Committee for the CIAP PEDICON 2021 –

Dr. Vijay Yewale, Dr. Upendra Kinjawadekar, Dr. Shilpa Aroskar, Dr. Jeetendra Gavhane, Dr. Satish Shahane, Dr. Vikram Patra, Dr. Amit Saxena and Dr. Mangai Sinha.

This year at the National Pedicon 2021, IAP Navi Mumbai shone brightly with 14 Awards...

BEST BRANCH AWARD :: FIRST PRIZE.

- 1) IAP Healthy Lifestyle Day : First Prize
- 2) Child & Adolescent Health Care Week : First Prize
- 3) World Downs Syndrome Day- First Prize
- 4) World Breast Feeding Week : Second Prize
- 5) Autism Awareness Day : Second Prize
- 6) World Obesity Day :: Second Prize
- 7) World Anaemia Day :: Second Prize
- 8) Antimicrobial Awareness Week :: Second Prize
- 9) Rational Antibiotic Day :: Second Prize
- 10) IAP Charity Day :: Second Prize
- 11) ORS Day & ORS Week :: Third Prize
- 12) Daughters Day :: Third Prize
- 13) Teenage Day :: Third Prize



PIC•COLLAGE





10th February National Deworming Day
 A step towards social responsibility

Worm infections can have a huge impact on a child's life...

Malnutrition
 Reduced cognitive productivity

Reduced school attendance

Reduced physical development

National Girl Child Day
 24th January, 2021



PIC-COLLAGE

ACTIVITIES OF NAVI MUMBAI IAP MARCH 2021

- 1) **1st March 21:** Importance of X' rays in Pediatric Surgery, Expert – Dr . Nandita Saxena Moderator – Dr Amit Saxena . Guest of Honor – Dr. Jayant Upadhyay (V.P. IAP West Zone) Dr. Upendra Kinjawdekar (Scientific Advisor NMIAP)
- 2) **4th March 21:** World Obesity Day, Dr.Upendra Kinjawdekar was a Panelist for a Panel Discussion on Pediatric Obesity – Obesity Act Today- in a webinar by the Central IAP Nutrition chapter.
- 3) **9th March 2021:** Topic: Interesting Respiratory cases in Pediatrics, Expert : Dr. Ilin Kinimi, Moderator : Dr. Sagar Warankar
- 4) **11th March 2021:** Topic: wP Vaccination and Long term Protection Speaker: Dr. Sushmita Gupta
- 5) **14th March 21:** A webinar by NMIAP in collaboration with D.Y.Patil Medical College & MGM Institute of Medical Science & Research was conducted to Celebrate World Kidney Day; Topics –
 - a) Living Well With Kidney Disease – Dr Pankaj Deshpande,
 - b) Living well with CKD - Dr Amol Madave,
 - c) Living well with Nephrotic Syndrome - Dr Rajdeep Pal ,
 - d) Living well with UTI - Dr. Priti Inamdar, Moderator-Dr. Asmita Patil, Guest of Honor – Dr. Basavaraja
- 6) **17th March' 21:** Dr. Vikram Patra , EB Member NMIAP , took a session on Chronic Urticaria in CIAP National TOT in Childhood Allergic Disease Education (CADE) Module
- 7) **18th March '21:** World Young Rheumatic Diseases Day Topic: Pediatric Rheumatology, A Pot Pouri. Expert – Dr. Vijay Vishwanathan, Moderator – Dr. Mahendra Topale
- 8) **19th March '21 :** Online panel discussion in choosing broad coverage Pneumococcal Conjugate Vaccine in practice. Experts – Dr. Upendra Kinjawdekar , Dr. Rajesh Chokhani, Moderator – Dr.Vikram Patra.
- 9) **21 March '21:** World Down Syndrome Day. Webinar – Molecular Diagnosis in Pediatrics Expert – Dr Parag Tamhankar, Moderator – Dr.Gargi Bangar
- 10) **21st March 2021:** IYCF CME, Topic: Panel Discussion On Micronutrients in Health and disease. Moderator: Dr. Upendra Kinjawdekar
- 11) **25th March 2021:** Topic: Understanding TB Diagnosis, Expert : Dr. Vijay Yewale, Moderator: Dr.Shantala Murthy, On occasion of World Tuberculosis Day 2021
- 12) **27th March '21:** Neonatal clinical meeting , Case presentation by Sai Child Care NICU, Panvel . A Joint academic venture by NMIAP & Raigad IAP.
- 13) **27th March 2021:** under IAP- GAPIO International CME series. Topic: Otitis Media, Speaker: Dr.Vijay Yewale
- 14) **31st March '21: CMC Vellore,** Topic: Outcomes in Autism : Refraining , what is 'Optimal'? , Expert: Dr. Roopa Srinivasan,

ACADEMIC ACTIVITIES- NMAP

Social and Other Activities March'2021

- 1) **WORLD OBESITY DAY CELEBRATION :**
 - a) Informative Videos on Obesity Posted by our Navi Mumbai experts, Dr. Upendra Kinjawdekar, Dr. Vijay Kamale, Dr. Amog Shahane. <https://bit.ly/3865EdG>
 - b) Our Past President Dr. Shilpa Aroskar was one of the members in drafting the IAP Parental Guidelines on Overweight & obesity which were released on world obesity day.
 - c) A talk was delivered by Dr. Upendra Kinjawdekar on pediatric obesity in a webinar by the Central IAP Nutrition chapter.
- 2) **INTERNATIONAL WOMENS DAY: 8th March 2021:**

- a) Video Released by Dr Upendra Kinjawadekar paying a tribute to all the women Pediatricians of NMIAP, Salute to their dedication & efforts, not only in the field of pediatrics but also in the Covid Pandemic. <https://youtu.be/LjXAhdyAK1Q>
- b) Another empowering video having the theme ' Choose To Challenge ' was released by our Past President, Dr. Shilpa Aroskar, sending the message to all the ladies to take a giant leap without any fear and with an undying spirit of freedom. https://youtu.be/_rHfpamb0j8
- c) On Women's day IAP Nasik had organised a women special sports challenge:
 - a) Winner : PLANK : Dr. Sushmita , Navi Mumbai IAP
 - b) Winner : SURYANAMASKAR: Dr. Amog Shahane (Tie)
- 3) Dr. Dhanya Dharmapalan has been appointed as National Coordinator of Apollo Antimicrobial Stewardship Program for the Apollo group of hospitals. She will be designing and leading this AMS program across 71 Apollo Hospitals in the country for both adults and children.
- 4) Dr.Satish Shahane, Dr.Amog Shahane, have started totally free of cost OPD for children with collaboration with Satya Sai Sanjiveeni Hospital, Khargar
- 5) Dr.Gargi Bangar also shared a video named " I ACCEPT " discussing the important details about Downs Syndrome so as to be able to diagnose it in pregnancy itself, along with clinical feature , complications, and management with a powerful message https://youtu.be/kZ06BZ_kWCk A poster was also released to celebrate World Down Syndrome Day.
- 6) **23rd March 2021:** Dr Amardeep Garad , Consulting Pediatrician organized a blood donation camp at Ulwe Multispeciality Hospital.
- 7) Dr Mahendra Topale , EB Member NMIAP conducted an outreach camp with NMMC for poor children and did free check- up and provided medicines .
- 8) Interview on Radio Station 92.7 Big FM by our past president NMIAP Dr. Shilpa Aroskar on Tips for Parents on Adolescent Health Issues on occasion of World Adolescent Health Week celebrations
- 8) Interview on Radio Station 92.7 Big FM by our past president NMIAP Dr. Shilpa Aroskar on Tips for Parents on Adolescent Health Issues on occasion of World Adolescent Health Week celebrations
- 9) Dr.Upendra Kinjawadekar, Shared a video on the occasion of Holi, a festival of colours laying importance on the inclusion of colors in our food plate by addition of fruits and vegetables and educate parents regarding the same. <https://youtu.be/1HDBQUNAW1k>

Adolescent Health week celebration 2021:

Navi Mumbai AHA (NaMAHA) in association with Navi Mumbai Association of Pediatrics (NMAP) celebrated International Adolescent Health Week from 21-27 March on digital platform with sheer zeal and enthusiasm.

NaMAHA - IAHW 2021: <https://www.youtube.com/playlist?list=PLyCgz4gS-cQQ-fx3JXvaBkOtxvfyJyWLw>

21 March: First day was the celebration of daughterhood with release of video Daughter - The Treasure trove of love by proud parents of lovely daughters Dr Abhijeet Mhapankar, Dr Sabrina Mhapankar, Dr Satish Shahane and Dr Amog Shahane <https://www.youtube.com/watch?v=eapFg-MXpml&list=PLyCgz4gS-cQR5viThsxh4RqWs0R3f1HKx&index=44>

22 March: Life Skills : For emphasizing the importance of life skills among adolescents a video L.I.F.E. SKILLS (Learning incredible skills for everything) by Dr Amog Shahane was released <https://www.youtube.com/watch?v=CYcwzVK0Jfc&list=PLyCgz4gS-cQR5viThsxh4RqWs0R3f1HKx&index=45>

An interesting Quiz on Adolescents was conducted for Pediatricians by Dr Kiran Vaswani and Dr Jeetendra Gavhane.

23 March: Fit hai to hit hai: For empowering our adolescent's mental health, a video on Importance of Pranayama by Dr Pallavi Khare was released.

<https://www.youtube.com/watch?v=5QfgXZ5pg6w&list=PLyCgz4gS->

cQR5viThsxh4RqWs0R3f1HKx&index=46

For Motivating teens to be active a Yoga and exercise session for adolescents was conducted by Navi Mumbai Fitness experts Dr Pravin Gaikwad, Dr Arati Gaikwad, Dr Amog Shahane and Dr Pallavi Khare. <https://www.youtube.com/watch?v=HM9Kgg7VbEE>

AACCI centre of Navi Mumbai was inaugurated by Dr Bakul Parekh (President 2020) in presence of stalwart Dr Swati Bhawe.

24 March: Healthy Khana, Healthy Peena, Lengthy Jeena. Food for thought was by a video release on EQ - Mind your EQ: SLAVE or MASTER by Dr Shruti Kalkekar <https://www.youtube.com/watch?v=cdEToHcl41Y>

Healthy Recipe competition for adolescents - Make healthy, eat healthy was conducted by Dr Kalyani Patra, Dr Shruti Kalkekar. The competition was full of talent, creativity and awesome recipes by adolescents <https://www.youtube.com/watch?v=tcfpYmG0Y>

The event was graced by Dr Harvinder Singh (Chair-person, AHA Ludhiana)

25 March: Mann ki Baat: Addressing the important issue of mental well-being in adolescents a video - Dil Dimag ki Dosti (3D) by Dr Chitra Kulkarni was released

<https://www.youtube.com/watch?v=LD7c6mDk6SU>

Being healthy being happy - a session for adolescents for addressing physical and mental health issues was taken by Adolescent expert Dr Prashant Kariya, moderated by Dr Kalyani Patra. Session was chaired by stalwarts Dr. AS Tuteja and Dr Harvinder Singh

<https://www.youtube.com/watch?v=shK9j7ID9Zo>

26 March: School Health: To encourage teens to Aspire, Attempt and achieve Academics a video on The He(art) of learning by Dr Shilpa Aroskar was released. <https://www.youtube.com/watch?v=c4Kvu2eA92U>

The session for teachers was conducted by national and international adolescent faculty which received tremendous response

1. Schools And learning: The New Normal by Dr Shubhada Khirwadkar
2. Igniting minds: Role of teacher by Dr Preeti Galagali
3. This child just does not study!! by Dr Leena Deshpande

The session was chaired by stalwarts Dr. CP Bansal and Dr. Harvinder Singh

<https://www.youtube.com/watch?v=TOHUmQrNd2s>

27 March: Resilience : For the awareness about cyber safety a video Be Aware, Connect with Care by Dr Kalyani Patra was released. https://youtu.be/dUO_hw2vER0

Navi Mumbai Adolescent Health Academy (NaMAHA) was officially Installed in the auspicious presence of esteemed dignitaries - Dr. Remesh Kumar (Chief Guest), Dr. AS Chawla and Dr. J. C. Garg (Guest of Honour) and Special guests Dr. Swati Bhawe, Dr. Sushma Desai and Dr. Shubhada Khirwadkar. The occasion was graced by presence of IAP Navi Mumbai Scientific coordinator Dr. Upendra Kinjawadekar and President Dr. Jeetendra Gavhane

https://youtu.be/_CSK1Ua6TCw

This was followed by:

ParentEEN: session for Parents and Teachers was a success with amazing response

1. Tuning parents to teens tunes by Dr Kiran Vaswani covered various aspects of Art of Parenting.
2. Bouncing back in Life – Teaching teens Resilience by the stalwart Dr. Swati Bhawe gave audience the Mantra of facing adversities. <https://youtu.be/yjJVINaWgKI>

ADOLESCENT WEEK CELEBRATION -NMAP



er versus neurodiversity
 ICF framework: Conventional and
 ative lens
 iversity and intervention models that
 rt it
 rtive evidence for these intervention
 is



on the occasion of Pediatric Obesity Day
 on
4th March 2021
 (9:00 - 10:30 pm)

Agenda

Time	Topics	Speakers	Experts/Chairpersons/panelists
7 pm	Opening remarks & Lamp lighting		Dr Piyush Gupta, President Elect IAP 2020 Dr GV Basavara, Honorary Secretary CIAP Dr A K Rawat, Chairperson, PMA Society Dr Parag Gulkwad, Secrete PMA Society
8:00 pm	Perinatal factors and Pediatric Obesity	Dr Raghendra Singh	Chairperson: Dr A P Dubey
8:30 pm	Pandemic effects on Pediatric Obesity	Dr Kalyana Datta	
9:10-10 pm	Panel discussion	Moderator: Dr AK Rawat, Dr KE Elizabeth	Panelists: Dr Upendra Kinjvadkar, E Ajay Gnan, Dr Rakha Harish Praveeti Singh
10-10:30	Closing remarks	Dr Parag Gulkwad	

Dr. Pankaj Deshpande
 Living Well with Normal(?) Kidneys

Dr. Prithi Inamdar
 Living Well with Urinary Tract Infection

Dr. Rajdeep Pal
 Living Well with Nephrotic Syndrome

Dr. Amol Madave
 Living well with Chronic Kidney Disease

Dr. Asmita Patil
 Moderator

FACULTY DETAILS

etic Syndromes
 of symptoms or signs pointing to a common
 omosomal disorders
 mental
 utoinf
 utoinf
 le gene
 utoinf - Autosomal sex chromosome
 utoinf
 utoinf Polygenic
 utoinf Multifactorial

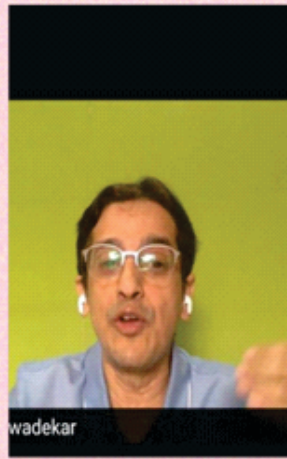
World Down Syndrome Day

HLH

- Follows Leukemias
- Bone Marrow
- Cytopenias
- Hyperferritinemia
- Hypertriglyceridemia
- Hypofibrinogenemia

MAS

- Follows SJIA/KD/PAN
- Bone Marrow, Liver, Spleen, lung, brain
- Kidney
- Cytosis- Normal - Cytopenias
- Hyperferritinemia
- Hypertriglyceridemia
- Hypofibrinogenemia



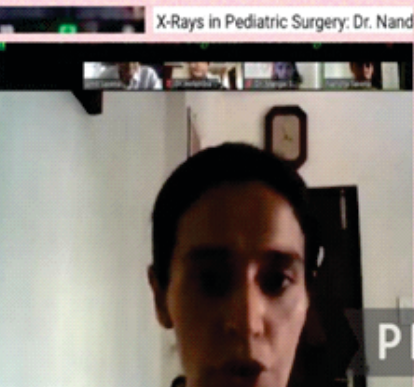
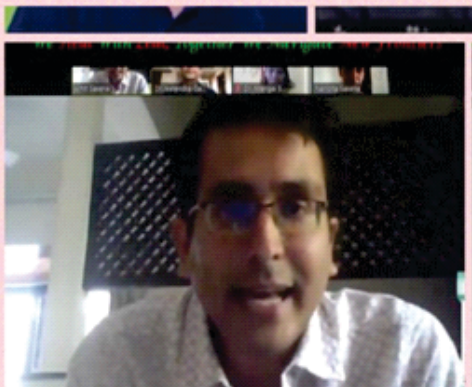
Can we skip these serotypes from pneumococcal vaccines, considering the cost difference?

Allergy Meet

Resolving Respiratory Cases in Allergy

DATE: 27th March 2021, Tuesday
 11:15 PM

11558 | Passcode - 336403



Acute Otitis Media

IAP CAPD International CME Series

Dr Jagjit Chhabra
 Dr Bhupendra Chhabra

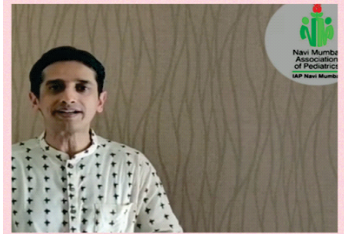
DATE: MAR 27
 TIME: 09:00 PM IST TO 10:00 PM IST

Chronic Urticaria

Vikram Patra
 MD, DCH, FRCI

Patra - Pediatric Allergy Clinic, Department of Pediatrics, Institute of Health Sciences, Navi Mumbai.

Dr. Shilpa Aroskar
 Consultant Pediatrician, Navi Mumbai



IAP Navi Mumbai
 thanks all the wonder women
 for their contributions

PIC-COLLAGE

World Obesity Day March 4

Agenda

Time	Topics	Speakers	Experts/Chairpersons/panelists
9:00 pm	Opening remarks & Lamp lighting		Dr Piyush Gupta, President Elect IAP 2020 Dr GV Basavara, Honorary Secretary CIAP Dr A K Rawat, Chairperson, PMA Society Dr Parag Gulkwad, Secretary, PMA Society
9:10-9:20 pm	Perinatal factors and Pediatric Obesity	Dr Raghendra Singh	Chairperson: Dr A P Dubey
9:20-9:30 pm	Pandemic effects on Pediatric Obesity	Dr Kalyana Datta	
9:30-10:15 pm	Panel discussion	Moderator: Dr AK Rawat, Dr KE Elizabeth	Panelists: Dr Upendra Kinjvadkar, E Ajay Gnan, Dr Rakha Harish Praveeti Singh

Weight for Length \geq 97th percentile = Obesity

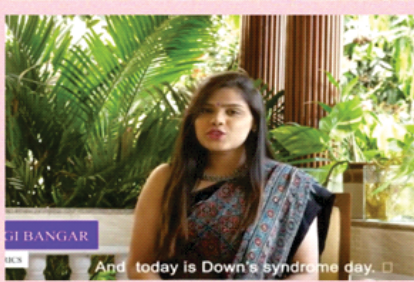
In < 2 years check weight for supine length

GUIDELINES FOR PARENTS

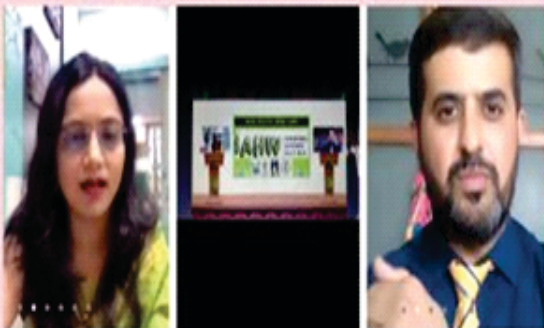
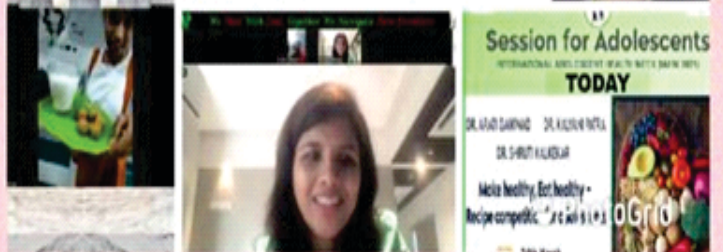
Overweight and Obesity: Detection, Prevention, and Management

Convener: Rakha Harish
 Members: Kavitha Sakamuri, Satish V Agarwal, Shilpa P Aroskar

PIC-COLLAGE

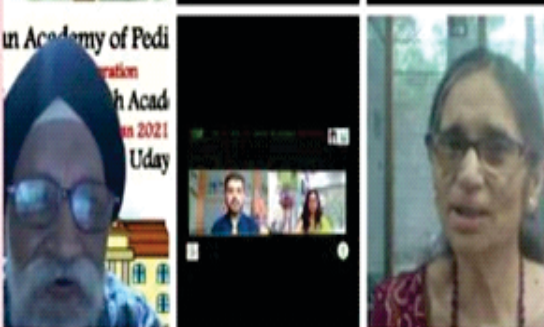
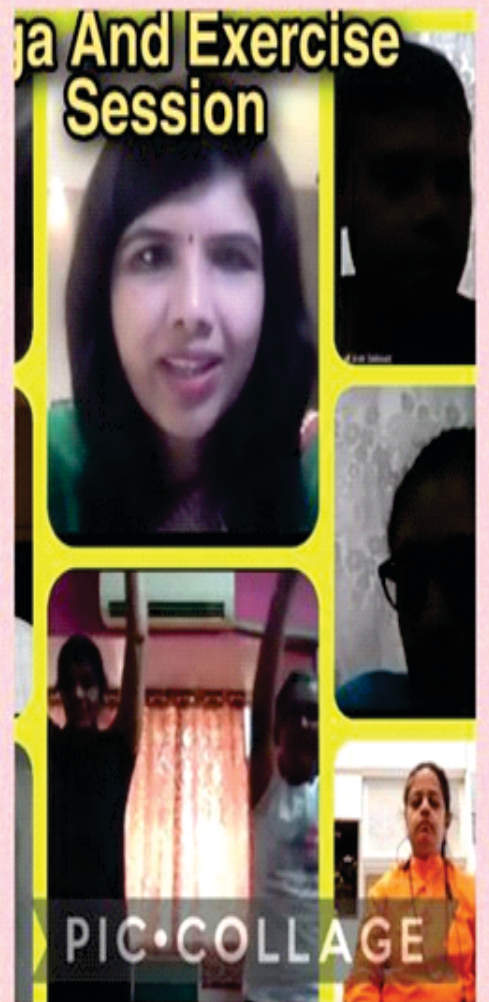
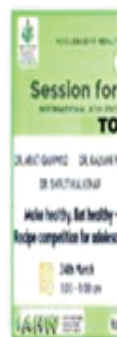




Sanika Dattatray Korde



Healthy Morning shake and laddu (2 in 1) Recipe.



ACTIVITIES OF IAP RAIGAD BRANCH

From 01.01.2021 to 31.03.2021

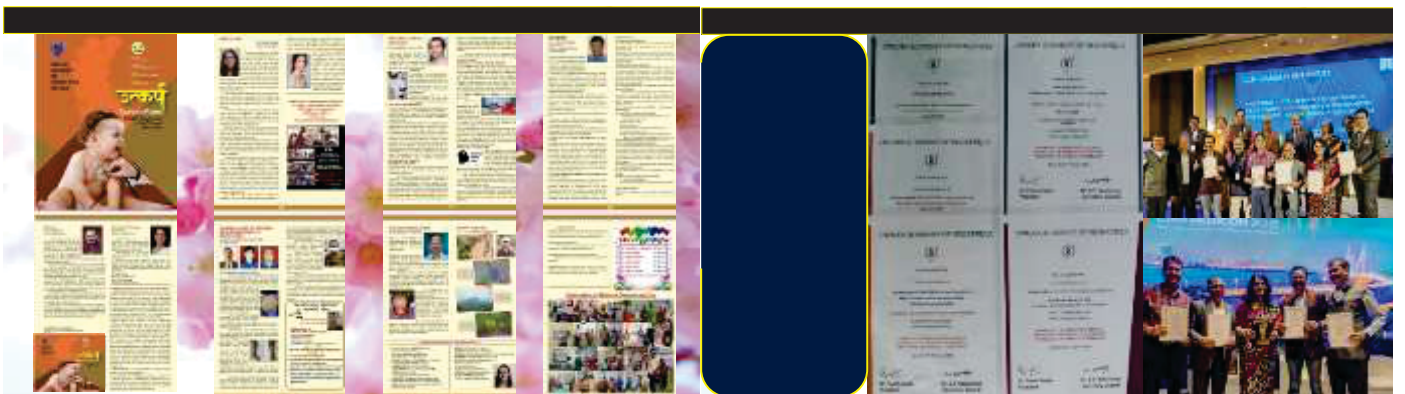
10.01.2021 INSTALLATION CEREMONY OF OFFICE BEARERS OF IAP RAIGAD FOR THE YEAR 2021

“First time in the history of IAP all office bearers were elected from ladies wing under the able leadership of Dr Sunita Ingle. It was organized in Panvel; under the guidance of Dr. C.S. Dabhadkar & Dr. Hemant Gangolia. The ceremony was organised at Hotel Sansmaran, in Panvel with Pin to Piano arrangement by our most enthusiastic key member & Past President of our association Dr Jay Bhandarkar.

The programme was graced by none other than the Chief Guest & Past President of IAP Dr Vijay Yewale from Navi Mumbai. There was an interesting quote in his address to the gathering. He said, "I travel all over India as invitee guest on various Academic Fronts & have not seen any branch with all Women Warriors of the association. This unique honour bestowed upon by the Raigad IAPians to their female colleagues will be remembered in a long run & there's a way to go for all these lovely ladies to bring a smile on their faces, I'm sure'.



RELEASE OF MONTHLY IAP RAIGAD NEWSLETTER & DAY OF HONOR



ACADEMIC ACTIVITIES

Pediatric Cardiology Update

DIL KI DHADKAN KYA KAHATI HAIN
Pediatric Arrhythmias
 Speaker-
Dr Ronak Sheth
 Pediatric Cardiologist
 Fortis Hospital, Mulund, Mumbai

IAP Raigad Presents
APPROACH TO ANAEMIA IN PEDIATRICS

Moderator: **Dr Anshu Khosla**
 Professor, Paediatrics & Neonatology

President: **Dr Gurita Ingle**
 Dr Neelima Bhambhani
 Secretary

23 February 2021 / 9 PM

Speaker
 Topic: Interesting Respiratory Case in Pediatrics
Dr. Anshu Khosla
 Consultant Pediatric Allergist & Pulmonologist,
 Manipal Hospital - Bangalore

Moderator
Dr. Sagar Mahajan
 Consultant Pediatric Allergist & Pulmonologist,
 SDC Hospital - Mumbai, Apollo Hospital - Chennai,
 & Apollo Hospital - Thiruvananthapuram

History of Present Illness

6-week-old male child from Manipal
 Apparently well till 3 weeks of age
 Difficulty in feeding - Suck rest suck cycle,
 increased forehead sweating while feeding, fast
 breathing following feeding; progressively
 increasing symptoms
 History of cough for the past 2 weeks associated
 with no postural variation/ relation to feeds; no
 post-tussive vomiting; progressively increasing
 History of chest retractions noticed by the mother
 since past 4 days with grunting for the past 2 days.

Pediatric Invasive Mould

Speaker:
Dr. Anshu Khosla
 Consultant Pediatric Allergist & Pulmonologist,
 Manipal Hospital - Bangalore, Apollo Hospital - Chennai,
 & Apollo Hospital - Thiruvananthapuram

Topic: "The Unlabeled Invasive Mould"

Dr. Anshu Khosla
 Pediatric Allergist & Pulmonologist,
 Manipal Hospital - Bangalore

Dr. Sagar Mahajan
 Consultant Pediatric Allergist & Pulmonologist,
 SDC Hospital - Mumbai, Apollo Hospital - Chennai,
 & Apollo Hospital - Thiruvananthapuram

"Allergic Rhinitis"
 (aka allergic rhinitis)

Dr. Anshu Khosla
 Consultant Pediatric Allergist & Pulmonologist,
 Manipal Hospital - Bangalore

Pathogenesis... easy plane reaction...

Physical findings...

- The child usually asks about an allergic rhinitis diagnosis
- Clear watery discharge, sneezing, or itchy nose (nasal discharge) is the most common complaint
- Itchy nose - Rubbing nose back and forth
- Itchy eyes - Rubbing eyes back and forth
- Itchy throat - Rubbing throat back and forth
- Itchy ears - Rubbing ears back and forth
- Itchy skin - Rubbing skin back and forth

What is allergic rhinitis?

- Allergic reaction to an allergen
- Can be seasonal or perennial
- Can be mild or severe
- Can be treated

Pathogenesis of allergic rhinitis

- Antigen presentation and T cell activation
- Antigen presentation and T cell activation
- Antigen presentation and T cell activation

YOU ARE CORDIALLY INVITED TO THE
EPILEPSY CASE BASED DISCUSSION

Speaker:
Dr. Anshu Khosla
 Consultant Pediatric Allergist & Pulmonologist,
 Manipal Hospital - Bangalore

Topic: "Epilepsy Case Based Discussion"

March 23 / 9 PM

Case Presentation Newborn
 27 March / 5.30 pm

Presentation by **Dr. Anshu Khosla**
 Manipal Hospital - Bangalore

30 COLO

Procedures

WELCOME ALL TO
ONE ON ONE CASE DISCUSSION ON A PPT BODY BALANCE

Important points to remember

- No age limit for reporting cases of Fever Rash, Suspected Epiglottitis & suspected Pertussis
- All above cases to be reported upto 3 weeks from onset
- APP to be reported upto 6 months after parotid onset

Reported APP Cases

Probiotics

A 1-hour webinar in collaboration with **Dr. Anshu Khosla**
 Manipal Hospital - Bangalore

Dr. Anshu Khosla
 Consultant Pediatric Allergist & Pulmonologist,
 Manipal Hospital - Bangalore

IAP RAIGAD Celebrates National Girl Child Day

IAP Raigad National Girl Child Day
 LISTEN TO THE EXPERTS TALK ON RIGHTS OF GIRL CHILD
 TOPICS - NUTRITION, OPTIMAL GROWTH, VACCINATIONS, POCSO ACT

On 24th JANUARY 2021
Save The Girl Child
 Mind Batches, Set Padko

Dr. Smita Ingle
 Moderator

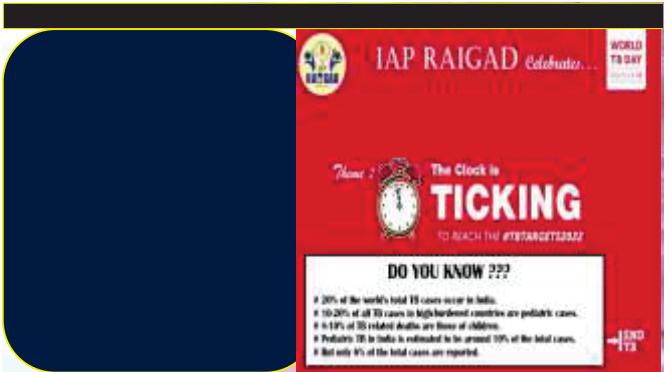
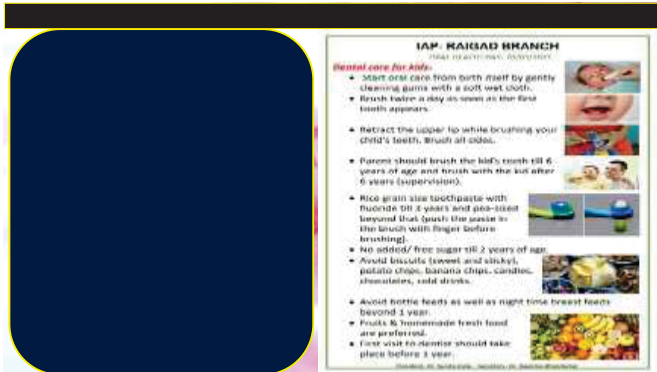
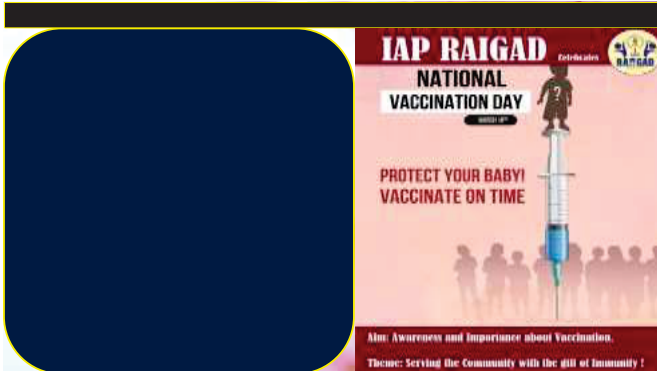
Dr. Neelima Bhambhani
 Secretary

INSTALLATION OF RAIGAD AHA & AWESOME AYA MODULE

12.03.2021 & 13.03.2021 INSTALLATION OF RAIGAD AHA & AWESOME AYA MODULE



RELEASE OF FLYERS/VIDEOS & DAYS CELEBRATIONS



IAP RAIGAD Celebrates
World Down Syndrome Day
 21st MARCH 2021

1. 3 Types of Down Syndrome :
 "Trisomy 21 (Oligofunction) - 95%
 "Translocation - 4%
 "Mosaicism - 1%

2. 80% are born to women above 35 years of age.

3. People of all Races & Economic Level can get affected.

4. Every person with Down's experience Cognitive Delays but this is not indicative of the many Strengths & Talents each individual possess.

We're Got Designers
 Classes II
 We're Cool Like That.

Theme : WE DECIDE

IAP RAIGAD Celebrates
WORLD DOWN SYNDROME DAY
 21st March 2021

Down syndrome is a developmental disorder which is caused by karyotype.

CONDITIONS	SCREENING TIME ?
Trisomy 21 (Down Syndrome)	At Birth
Trisomy 18 (Edwards Syndrome)	At 15-20 Weeks (Prenatal)
Trisomy 13 (Patau Syndrome)	At 15-20 Weeks (Prenatal)
Phenylketonuria	At 1-2 Weeks (Prenatal)
Galactosemia	At 1-2 Weeks (Prenatal)
Phenylketonuria	At 1-2 Weeks (Prenatal)
Galactosemia	At 1-2 Weeks (Prenatal)
Phenylketonuria	At 1-2 Weeks (Prenatal)
Galactosemia	At 1-2 Weeks (Prenatal)
Phenylketonuria	At 1-2 Weeks (Prenatal)
Galactosemia	At 1-2 Weeks (Prenatal)

IAP RAIGAD Celebrates
World Epilepsy Awareness Day
 26th MARCH 2021

Event 1
 Dr. Mahesh Sumbhare
 Director, IAP Raigad

Event 2
 Dr. Anurag Patil
 Director, IAP Raigad

Event 3
 Dr. Anurag Patil
 Director, IAP Raigad

Event 4
 Dr. Anurag Patil
 Director, IAP Raigad

Event 5
 Dr. Anurag Patil
 Director, IAP Raigad

Event 6
 Dr. Anurag Patil
 Director, IAP Raigad

Event 7
 Dr. Anurag Patil
 Director, IAP Raigad

Event 8
 Dr. Anurag Patil
 Director, IAP Raigad

Event 9
 Dr. Anurag Patil
 Director, IAP Raigad

Event 10
 Dr. Anurag Patil
 Director, IAP Raigad

World Epilepsy Awareness Day
 26th March 2021

Event 1
 Dr. Mahesh Sumbhare
 Director, IAP Raigad

Event 2
 Dr. Anurag Patil
 Director, IAP Raigad

Event 3
 Dr. Anurag Patil
 Director, IAP Raigad

Event 4
 Dr. Anurag Patil
 Director, IAP Raigad

Event 5
 Dr. Anurag Patil
 Director, IAP Raigad

Event 6
 Dr. Anurag Patil
 Director, IAP Raigad

Event 7
 Dr. Anurag Patil
 Director, IAP Raigad

Event 8
 Dr. Anurag Patil
 Director, IAP Raigad

Event 9
 Dr. Anurag Patil
 Director, IAP Raigad

Event 10
 Dr. Anurag Patil
 Director, IAP Raigad

MAHA IAP कट्टा
 अदाकारी व दिलखुलास
 गप्पांची मैफिल

जे पाहिलं, अनुभवलं
 ते शब्दबद्ध करण्यावा हा प्रयत्न.
 अरण्यदर्यांमधले, गडकोटांवरचे, गिरिशिखरांवरचे
 हे निःशब्द श्वास आदरे वनून आपल्या
 भेटीला येत आहेत...
सह्याद्रीच्या गिरिशिखरांवरून.
 - डॉ. अमर अडके

सह्याद्रीच्या गिरिशिखरांवरून
 सह्याद्रीच्या गिरिशिखरांवरून

वक्ते प्रसिध्द दुर्ग अभ्यासक
 डॉ. अमर अडके

सूत्र संचालक
 डॉ. दीपा फिरके

"सह्याद्रीच्या गिरिशिखरांवरून".....

दुर्ग - डोंगरांच्या आभाळातील
 अपरिचित शिवकाल

दिनांक ८ एप्रिल २०२१
 वेळ रात्री ९.३०

अध्यक्ष- डॉ. जयंत पांढरीकर सचिव डॉ सदाचार उजळंबकर

<https://us02web.zoom.us/j/2312167827?pwd=azdvUE85V3FBM2pUVDV4NmtrbWZFdz09>

ACTIVITIES OF OSMANABAD January to March 2021

Installation ceremony of newly elected executive committee of INDIAN ACADEMY OF PEDIATRICS

Osmanabad Branch Date: 31/1/2021 at Tuljapur



Felicitation of newly elected secretary of IAP-Osmabad by Dr. Makrand Barate by honorable chief guest Dr. Sanjay Ghorpade.



Felicitation of newly elected president of IAP-Osmabad by Dr. Ramkrushna Landhe sir.

1

INDIAN ACADEMY OF PEDIATRICS

Osmanabad Branch Date: 26/1/2021



Drawing competition held at Shrikrushna Hospital Tuljapur on occasion of Indian Republic Day 26 Jan. by IAP-OSMANABAD. Prize distribution done by Dr. Makrand Barate and Dr. Abhyaj Patil

Distribution of Seedling on Occasion of National Girl Day and Coming Republic Day at Samarpan Children's Hospital, Umarga.



2

INDIAN ACADEMY OF PEDIATRICS

Osmanabad Branch Date: 31/1/2021



Involvement In Govt. national Program **PULSE POLIO** By IAP-OSMANABAD Branch

Polio Drops

दो ड्रॉप्स हलु बाल पोलियो पर जीत दूहे बलकल्प

3

INDIAN ACADEMY OF PEDIATRICS

Osmanabad Branch

चालीशी पार !!

आज मराठी ब्रा बचकच सुटवून जात आनी मोबाईलवरच्या what's app व messages वर मराठीभाषेत मुलेचलांना वाचूय, काही जीवनाय मित्र व काही बुद्धिचलांचे कोचवर बुध्दचापर मनापाय, बर म्हणजे कोनो आयपाराम रोका विरम मारचाय शायन, जितीतरी मचबार, जंकोनी, पुपतीतय असे अतीत पय काही माणरे करणे असे वाटते माही. पय आजचा दिवस आयपार्यायारी मारतय. आज दि 20 ऑगट, माझा वाढदिवस आज बघाची 40 वर्षे पुणे शारांत. अजय 40वें शुभवे मी माझा वाढदिवस शुभघण्टे की अचविडय शुभघण्टे की जीवनापा मजबूत. चालीशी म्हणजे की भरिणारी कडक मुठ होणार. हाचवीटीत, हाणेरुडेन सारयें अजय, सयना साषापार की काय ही अशी असे प्रयत्नी भोगी ती वेळीतय. उतर लोकांमदी चालीशी काचिण जीवनापा मजबूत जसंमदी पय वेळोनी दिशायनर असा रुठे बरुनरना. सवलत शासनी नेत्र 40वा वाढदिवसाजोडिकाळा कावला 100%पुढा EMIL कडय अरना शासनी नेत्र 40वा वाढदिवस, बापचा कडय नेत्र हळीटी शायें मारुतय तर 40वा वाढदिवस अतीत बालुसुधे प्रथेय कडय नेत्र ही चरें हीत शासनी नेत्रच जीवनापा मजबूत 7मय अजय रफित चढवतय बायनर अनेतर चाकटिना 20वर्ष अजुय बालुसुत मिळाले, पय तिसरेंकडाला आयप आमय शक्यार माही, सय अपापाना माकारना नेमार माही, सयना अजय कडय कावत नेवदी प्रथम अजयकडय राहणारा एक अजयय मुलाय बायनरीनर कडी मेडीकलला प्रथेय वेळय शांकर होतो व पुढे पडवणर निषाय अजेय, म्हणजे बघाची 30-35 वर्षे बघता बघता संपनी पायनर फिराव्यार होड नेवरे 40वें कडी मेडी सयवेच माही. पाय आचणी मुहेरी अरली मोठी होडय अजेय जाड पायवत. ररयनायका काळत आयप जेरीदारांमदी व मुयांमदी कडी वेळ दिवा नजेय ते दूय वेळोवळ आता तर या 40व्या बघत आचणी मुलुबचक मोठी, कडे मोठी, आयप यलाय अदी निषायकडय असा माडी वेळ येत परकडयार माही. मर हा उतरांशी असाय जालार की काय, पायनरीत वप काही मिळतय पय वप काही हरवतय, पय अत सवरायनाय निषाय बरयनाय हुडकय माही. 40वा वाढदिवस जे जीवनापा मजबूत माही, तर आयप सयनायनाय मजबूत शुभायका हुडकय माही. अजुनी वप काही करतय अने अने अजुयच्या मोठी कामे करपाची उमेद व धमना असाय असेय. सय अजुयच्या जोडयारी आयप शक्यता नयेत, टिपणरमाणुय जयनय वयायामाडी उमेद वा तसकयच्या उतरांशीत अने सामाजिक कायत काहीतरी करपाची जिद वा उतरांशीत अने सामाजिांयका अनेर आचणी यामध्ये अजयना, काळीयका मिळोनेच केलेया भीयनरी अतीतय की आचणी काही निमये अतीतय त्याका अजुनी, सय अजुयची वा उतरांशीत आयप मोनय, आयपच्या मांवेरीत सयुय असाय. विद्याने चालीशी नेत्र अजयना निषाय जीवनाय असाय काहीय सवलत माही. जयनारीच वेळ डायका पाया, अरितरांयकांमदी अजयनाय कडा, मर विद्यामोनेय सुटवनी दिवना जायका पाय कडा, अतीत कायमिजायका मोनय एकाडे मेठुदुंकर पय. आयपका मुयांमदी व जेरीदारांमदी केड काडयनाय निषाय. जीवनाका बरा उतरांशी आता मुठ शक्यार

डॉ. मकंदे भयकरय्यार बारते कुकुआरू

(ममयत जाळतीत बालमित्र व मेरिंकल कोनोतय मेवेलेया अजय संवगडयाना मारुतय)

4

INDIAN ACADEMY OF PEDIATRICS

Osmanabad Branch Date: 27/1/2021

Visit to "Sanvedana Prakalp" at Latur ! It's dedicated work and praiseworthy Rehabilitation center for the differently disabled children on 27/1/2021 By IAP-OSMANABAD BRANCH



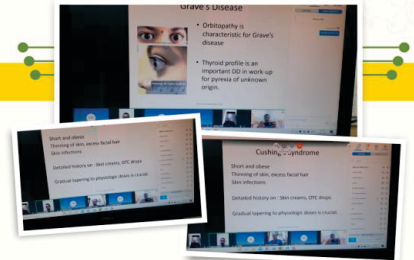
5

INDIAN ACADEMY OF PEDIATRICS

Osmanabad Branch Date: 22/2/2021

Online CME Held on Pediatric Endocrinology By IAP-OSMANABAD BRANCH

Indian Academy Of Pediatrics, Osmanabad
 Topic: "SPOTTERS IN PEDIATRIC ENDOCRINOLOGY"
 Speaker: **Dr. Tushar Godhole**
 MBBS, DCH (Gold Medal) DNB MNAMS, FPOCC (Endocrinology) Member of ISAPE & ISPAD
 Date: 22-02-2021 Day: Monday
 Time: 8:30 pm - 9:30 pm
 Venue: Online Bluejaans Platform



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INDIAN ACADEMY OF PEDIATRICS

Osmanabad Branch Date: 10/1/2021

Derma Module on 10 Jan. 2021 With Collaboration of Maha. IAP Held By IAP-OSMANABAD BRANCH



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INDIAN ACADEMY OF PEDIATRICS

Osmanabad Branch Date: 27/3/2021

Online CME Held By IAP-OSMANABAD BRANCH On 27/3/2021 On the Topic : Overview of Childhood Epilepsy

Indian Academy Of Pediatrics, Osmanabad Branch
 On the occasion of Epilepsy awareness Day (Purple Day)
 Topic: "SPOTTING THE ZEBRAS AMONG THE HORSES"
 Speaker: **Dr. Shriganesh Patil**
 MBBS, DCH, DNB Fellowship in Pediatric Neurology & Epilepsy
 Topic: Overview of Childhood Epilepsy (Video session)
 Date: 27/03/2021 Day: Saturday
 Time: 9 to 10 pm
 Venue: Online Zoom Platform
<https://idigitalformedia.zoom.us/j/6311992962298>
<https://youtu.be/9p9z5p1PQ-c>

8



INDIAN ACADEMY OF PEDIATRICS

Osmanabad Branch Date :- 24/1/2021

Celebration Of National Girl Child Day On
By IAP-OSMANABAD branch



Welcome Of Girl Child Birth At
Sub District Hospital Tuljapur
By IAP-OSMANABAD BRANCH

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INDIAN ACADEMY OF PEDIATRICS

Osmanabad Branch

Blood Donation Camp At DR. BARATE HOSPITAL, TULJAPUR On 6/2/2021
On Occasion Of Chatrapati Shivaji Maharaj Jayanti



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INDIAN ACADEMY OF PEDIATRICS

Osmanabad Branch Date :- 10/2/2021

celebration of national deworming day on
10th.february 2021 at Mehta hospital tuljapur
by IAP-OSMANABAD branch



In the Presence of

- 1) Dr. Abhay Patil as President
IAP Osmanabad Branch
- 2) Dr. Makarand Barate as Secretary
IAP Osmanabad Branch
- 3) Dr. Saham Mehta as EB Member
IAP Osmanabad Branch



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INDIAN ACADEMY OF PEDIATRICS

Osmanabad Branch

मेरे अपने
हम साथ है।

जिंदगी बहुत सी गयी है
कहा कक वा गया है
पर हन पल ये अहेनाच है
मेरे अपने पास है

दीन डल जाता है
रात गुजर जाती है
गहने पल्ट रहे है
गुजरते वक का हिसाब कौन रखे
क्योंकी मेरे अपने मेरे साथ है

ना कानने की होड
ना कुछ पाने की चाह,
फिर भी जिंदगी के करीब हो गये
क्यों की मेरे अपने मेरे साथ है

ना बचने की चाह,
ना संवरने का जुदल,
हां कुछ करची सी हो गयी है
जिंदगी पर कोई मिला नहीं
क्योंकी मेरे अपने मेरे साथ है

बादल कोहरन मचा हुआ है
दुनिया बेवसू है
घर के चार दीवारी में फिस्टी हुई है जिंदगी
फिर भी दिल को सुकृत है
क्योंकी मेरे अपने मेरे साथ है

हां इन अपने मे और एक जुड गाय है
बेजान जो मेरे हथ मे फिस्टकर चारे अपनी से जुड जाता है
ये बंद मड़िने भी याद गार बग गये है क्योंकि
मेरे अपने मेरे साथ है

गहनसु होता है दर्द अपने के बिछने का,
कन हो गयी जिंदगी के रफतार का
यही कामना करती है भगवान से
बिछे हुआ को अपनी से मिला दो
सारी दुनिया को अपने पन अहनाच वाले
टन सिंदस्तानी यह पल भी आसानी से
बाह जाएगे क्योंकि मेरे अपने मेरे साथ है

- Dr Sucheta Pophale
IAP Osmanabad

मेरे अपने ! हम साथ है !

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ACTIVITIES OF AMRAVATI IAP JANUARY TO MARCH 2021

RELEVANT PEDIATRICS

From the beginning of February 2021 IAP Amravati has started its very own academic series named "Relevant Pediatrics". In this series IAP members from Amravati and guest faculties (from superspeciality) have presented seminar on various interesting topics. Every week one webinar was organized and all members have enthusiastically attended each session. Details of the webinar taken are as follows

- 3rd February :** 'Dengue fluid management made easy', Presented by Dr Rohan Bobade
- 10 February :** 'Approach to CHD in Office practice', Dr Bhushan Sonawane (Pediatric cardiologist)
- 17 February:** 'Approach to pediatric ophthalmic disorder', Dr Rutuja Lokhande (pediatric ophthalmologist)
- 24 February:** 'PUO in office practice', Dr Richa Joshi
- 04 March (World Obesity Day):** 'Obesity- Find the cause & Act today', Dr Naresh Tayade
- 10 March:** 'Localizing lesion in neurology', Dr Nilesh Pachkawade
- 17 March:** 'Choice of Antiepileptics in pediatric epilepsy', Dr Sikandar Advani (Neurologist from Amravati)
- 21 March (World Down Syndrome Day):** 'Empowering kids with Down Syndrome', Dr Nitin Raut
- 31 March :** 'Approach to speech delay & Communication disorder in children', Dr Hrishikesh Ghatol

SNAPSHOTS OF WEBINARS TAKEN

Other Evaluations –

Screening Domain	Screening Tool
1) General Screening	1) Denver - 2 - From 0 to 6 yrs of age group 2) TDSC – From 0 to 6 yrs of age 3) Ages and Stages Questionnaires - 0 to 5 yrs of age
2) Language specific Screening	1) Receptive Expressive Emergent Language Scale (REEL) – 0 to 3 yrs of age 2) Language Evaluation Scale Trivandrum (LEST) – 0 to 6 yrs of age
3) ASD Screening	1) MCHAT - 16 to 30 months of age 2) Trivandrum Autism Behavioral Checklist (TABC)

Localisation of Lesion in Neurology
DR. NILESH D. PACHAKAWADE

World TB Day - MARCH 24
 IT'S TIME to test and treat latent TB infection.
 IT'S TIME to speak up.
 IT'S TIME to end stigma.
 IT'S TIME to strengthen TB education and awareness among health care providers.
 IT'S TIME TO END TB

11 MONTH OLD INFANT, BROUGHT BY HIS MOTHER, SHE NOTICED WHITISH REFLEX IN EYES OF HER CHILD

ROP
RETINOPATHY OF PREMATURITY

CATARACT

Retinoblastoma

PHPV, COATS DISEASE, COLOBOMA

ACTIVITIES OF SOLAPUR IAP JANUARY TO MARCH 2021

SOLAPUR ACADEMY OF PEDIATRICS

SOLAPUR ACADEMY OF PEDIATRICS

SOLAPUR ACADEMY OF PEDIATRICS

REPORT: - 01/01/2021 TO 31/03/2021

A. ACADEMICS :-

1. WE HAVE MONTHLY CLINICAL MEETING IN PERSON ON FIRST SUNDAY OF EVERY MONTH.

Total 3 meetings were conducted.



A) JANUARY

-The first clinical meeting was on

COVID VACCINATION:

SPEAKER: DR. AMOL GAIKWAD
(WHO SURVILLANCE OFFICER)

b. CLINICAL CASE PRESENTATION BY
PG STUDENTS

B. FEBRUARY

The second clinical meeting was on
COMMON PSYCHAIatric PROBLEMS IN
PEDIATRICS

AN INTERACTIVE SESSION WITH DR .NITIN BHOGE
A PSYCHIATRIST FROM SOLAPUR



C. MARCH:

The Third Clinical Meeting was on

NEWBORN SCREENING FOR HEARING

SPEAKER: DR. SHREEGANESH PATIL
(PEDIATRIC NEUROLOGIST FROM SOLAPUR)
- MIS(C) PRESENTATION OF INTERESTING
CASES –

BY DR. PALLAVI KATHARE
(PEDIATRIC CARDIOLOGIST)



1

SOLAPUR ACADEMY OF PEDIATRICS

2. Orientation programme regarding RECENT COVID treatment protocol was arranged on 28/03.

Around 62 corporation medical officers including BAMS, BDS AND BUMS were benefited.



B. NATIONAL DAYS

1) NATIONAL DEWORMING DAY



2) NATIONAL PULSE POLIO PROGRAME



3) NATIONAL DOWNS DAY



C. SOCIAL ACTIVITY

- i. Donation of BP APPARATUS AND PULSE OXIMETER TO COVID CARE CENTER



SOLAPUR ACADEMY OF PEDIATRICS

- ii. Started a book library in COVID CARE CENTRE IAP SOLAPUR donated around 60 Marathi, English books and magazines on the occasion of WORLD MARATHI DAY. It is running smoothly more than 100 patients are satisfied.



- iii. Counselling sessions for COVID 19 asymptomatic and mild symptomatic patients are arranged regularly.



D. CULTURAL ACTIVITY

1) Celebration of birthdays of OUR MEMBERS BY PRESENTING A PLANT AND SPREADING THE MESSAGE OF GO GREEN.



2) CELEBRATION OF WOMEN'S DAY -AROUND 25 GORGIOUS LADY PEDIATRICIANS PARTICIPATED



छत्र छाया

कोरोना मुळे प्रत्येकाच्या आयुष्यात समस्या आल्या आहेत. त्याला ज्येष्ठ नागरिक अपवाद कसे असतील. आमच्या उभ्या आयुष्यात आम्ही असा प्रकार पहिला नव्हता, असे आजही आजोबा म्हणत आहेत. चारभितीतील कैद, एकटेपणा, धास्तवलेला जीव, अनिश्चिती, अडचणीचे डोंगर व कळत नकळत घरात वाढलेला विसंवाद ह्याने सर्वांचा जीव गुदमरतो. दुधाच्या सायीसारखी

असणारी नातवंडे ह्यांच्याशी वागावं कसं? ह्याच आपण आता उहापोह करू या. आजही आजोबांचे वर्गीकरण तीन प्रकारे करता येईल.

1. घरात आजही आजोबा-जे आपल्या नातवंडा बरोबर एकत्र राहतात.
2. वेगळीकडे राहणारे आजही आजोबा.
3. दूरस्थ आजही आजोबा-परदेशस्थ नातवंडांचे आजही आजोबा

एक सर्वेक्षणात असे आढळून आले दोन पिढींमध्ये मतभिन्नता असण्याची काही कारणे आहेत.

1. मूल वाढवण्याच्या पद्धतीत मतभिन्नता-आपल्या असे लक्षात आले की मूल वाढवण्याच्या पद्धतीत खूप बदल झाला आहे. पूर्वीच्या काळी वडील कुटुंब प्रमुख असे व मूल आज्ञाधारक व अभ्यासू असावं असा कटाक्ष असायचे. मुलांच्या बाबतीत सर्व निर्णय तेचघेत उदा. लग्न व करिअर पण आईवडीलच ठरवायचे.

थोडक्यात पालक केंद्रित पालकत्व होते. पण आता पालकत्वाची पद्धत बदलली आहे, पाल्याच्या म्हणण्याला महत्व दिले जाते, निर्णय प्रक्रियेत त्यांचा सहभाग उल्लेखनीय असतो. म्हणून आजही आजोबांनी आग्रही धोरण व हट्टीपणा सोडला पाहिजे. जेव्हा मुलांना तुमचा सल्ला हवा असतो तेव्हा जरूर मदत करावी. पण जेव्हा त्यांना ती लुडबुड वाटते तेव्हा एक पाऊल मागे घ्यावे. थोडक्यात Attachment with Detachment.

- 2) शिस्त: शिस्त म्हणजे कुटुंबाने ठरविलेली एक पद्धत ज्यामध्ये सर्वजण सहभागी होतात व ती कुटुंब व समाजासाठी फायद्याची असते.

शिस्तीबद्दल एक गैरसमज आहे की शिस्त म्हणजे रागावणे, घालून पाडून बोलणे, किंवा मारहाण करून आपल्या अपेक्षित असा बदल करून घेणे.

मुलांच्या बाबतीत कडक पणे वागणारे आई बाबा, आजही आजोबा झाले की अतिशय हळवे होतात अन नातवंडात गुंतत जातात. कितीतरी पालकांची तक्रार असते की आम्ही शिस्तलावायचा प्रयत्न करतो पण आजही आजोबा मुळे मुलं बिघडतात. आणि मूल पण चतूर असतात आई बाबा रागावले की आजही आजोबांच्या आश्रयाला जातात त्यावेळेस त्यांचा आईवडिलांबद्दल अपशब्द न बोलता मुलांना समजावून सांगायचे.

नातवंडांना कुठलीही गोष्ट, वस्तू घ्यायची असेल, तर त्यांच्या आईवडिलांना जरूर विचारावे. शिस्तीची सवय लहान म्हणजे तिसऱ्या, य चौथ्या वर्षापासूनच लावावी करण पौंगड अवस्थेतील बेशिस्तीची मूळ लहानवयातच रुजलेली असतात. शिस्तीचे नियम ठरविण्यात आईवडिलांना मदत करावी,

लक्षांत असू द्या प्रेम व शिस्त ह्या एकाच नाण्याच्या दोन बाजू आहेत. जसे शाळेत, समाजात

वावरताना शिस्तीचे नियम आहेत तसेच घरात पण असावेत.

रोजच्या जीवनातील शाळा, अभ्यास, खेळ जेवण झोप ह्यांचा वेळा जपण्यात पालकांची मदत करावी.

बऱ्याच वेळा जेवणावरून खूप खटके उडतात. मुलांना खाण्याचा आग्रह करणे, त्यांना मागेमागे लागून जेवू घालणे, टीव्ही, मोबाईल दाखवत खाऊ घालतात, शिवाय सतत त्यांच्याच आवडीच्या पदार्थ करणे म्हणजेच प्रेम असा गैरसमज होतो. पण ह्याचा विपरीत परिणाम होतो. किती तरी आजही आजोबा मी बघितलेत की नातवंड खूप जाड असेल तरीही काहीच खात नाही अशी तक्रार करतात.

जेवताना सर्व साधारणपणे काही नियम सगळ्यांनीच पाळावेत जसे की जागा शक्यतो एकच असावी, आग्रह करू नये, ताटातील सर्व पदार्थ संपवावेत शक्यतो सुरुवातीला खूप वाढून घेऊ नये, व अन्नाला नाव ठेऊ नये.

ह्याचीच दूसरी बाजू म्हणजे आजकाल कोरोना च्या काळात बाहेरून पदार्थ मागविण्याचं प्रमाण वाढलं आहे, त्याचं ही नियम मुलांनी, आईबाबांनी व आजही आजोबा नी मिळून ठरवावेत, काय आणावे? कितीदा आणावे?

अन मुलांनी मागावलेल्या पदार्थांना उगीचच नावं न ठेवता उलट त्यांत रस घेऊन तो, कसा करतात? पौष्टिक आहे का? त्यांची रेसिपी विचारावं म्हणजे ते पण मोकळेपणाने तुम्हाला बोलतील. नातवंडांना आजही आजोबा ना शिकवण्यात, माहिती सांगण्यात खूप आनंद होतो व त्यांच्या इगो सुखावला जातो, मग ते मोबाइलला, कॉम्प्युटर अथवा त्यांच्या आवडीचे विषय, त्यांना पण कधी गुरू करा

झोपण्याचे पण शक्यतो नियम असावेत, रात्री झोपताना गोष्टी सांगायची सवय बाळगावी, गोष्टी रूपाने आपल्या संस्कृतीची, कुटुंबातील मुल्ये रुजवता येतात.

Setting limits and drawing lines should be tried since early age.

योग्य पणे लावलेल्या शिस्तीमुळे मुलं दूर न जाता उलट जवळ येतात व मोठे झाल्यावरही हीच सवय अंगी बाळगतात.

स्क्रीन time:

जवळपास प्रत्येक आईवडील व आजही आजोबा ची तक्रार आहे की मुलं मोबाईल मध्ये खूप गुंतत चाललेत, अन ते खरं ही आहे, अभ्यासा व्यतिरिक्त मोबाइल चा वापर खूप वाढला आहे वेळीच हे लक्षात घ्यावे की ह्याचा परिणाम व्यसनाधीन ते कडे जाण्यात तर होत नाहीये ना म्हणजे दिवसांतील जास्तीतजास्त वेळ मोबाईल मध्ये किंवा इतर कुठल्याही activities मध्ये इंटरनेट नसणे, चिडचिड, झोप कमी, जेवणावर परिणाम, इत्यादि गोष्टी आढळत असतील तर वेळीच समुपदेशकाची मदत घ्यावी

बऱ्याचदा अस पण आढळून आलंय की वयस्क लोक पण सोशल मीडियाचा अतिवापर करतात, आक्षेपार्ह गोष्टी बघतात अन नकळतपणे लहान मूल मोठ्यांचा मोबाईल बघतांना त्याच्या नजरेस जर हे पडल तर त्याचीही चुकीची उत्सुकता ताणली जाते व तो एक वेड्यावाकड्या व्यसनाचा बळी पडू शकतात.

हे खूप भयवह आहे. ह्याची काळजी सर्व मोठ्या व्यक्तींनी घ्यावी.

दोन वर्षांच्या खालील मुलांना मोबाईल अजिबात देऊ नये.

नातेसंबंधाची जपणूक:

घरातील चार मोठी माणसानी नी जर कुटुंबाचा पाया प्रेम, विश्वास, आदर, स्वातंत्र्य अशा मूल्यांवर रचला तर त्याची फळं सगळ्या कुटुंबाला मिळतील.

आजही आजोबा नी आईवडिलांच्या मध्ये शॉर्टकट न होता एक सपोर्ट सिस्टिम म्हणून राहवे, अधिकारासाठी धडपड न करता जबाबदारी पण झटकून नये अन ह्याचा सुवर्णमध्य साधला गेला पाहिजे.

आजही व आईच्या वादात मुलं खूप दुखावली जातात व त्यांच्या मनावर त्याचा परिणाम होतो कारण दोघांवरही त्यांचं प्रेम असत.

वाद शक्यतो मुलांसमोर न करता ते नसताना सामंज्यासाने सोडवावेत.

खर तर मुलांना अस समजावून सांगावं की जस दोन पिढींमध्ये वैचारिक मतभेद असतात तसेच कांही मतभेद आमच्यात असू शकतात पण शत्रुत्व नाही.

ह्या tug ऑफ वॉर मध्ये मुलांना ओढू नये.

मुलगा, सून जावई ह्यांच्या बदल त्यांच्या मुलांसमोर वाईट न बोलता, किंवा फोन वर चाहड्या सांगणे ह्या बाबतीत ही सतर्कता बाळगावी.

नातवंडमधील तुलना ही एखाद्याला कमी लेखण्यासाठी न करता सकारात्मक उत्तेजन दयावे.

अजून एक quality म्हणजे आजही आजोबा नि चांगल श्रोता व्हावं, सतत भूतकाळातील गोष्टी सांगून, मी अस केलं, तस केलं अस सतत सांगून वर्तमान बिघडवू नये, सतत तब्बेतीच्या तक्रारींचा पाढा वाचू नये कारण ह्यामुळे ते तुमच्याशी बोलायचं टाळू शकतात.

शेवटी अस सांगावस वाटत की खरं तर हे पण एक सुंदर वळण आहे

सामायिक जबाबदारीतून तुम्ही एक सुंदर नात फुलवू शकता.

एका छत्री सारख असावं म्हणजे थोडस दुरून सावली धरावी, जास्त जवळ गेल्यावर इजा होऊ शकते आणि छत्रीच्या दांड्या सारखी connectivity असावी.

डॉ सुचेता पोफळे

उमरगा

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Digital MAHA IAP Inauguration

Dear Mahaiapians,

We at MAHA IAP have planned launch of this

Digital MAHA IAP

over our own new virtual platform on

Thursday, 18/3/2021 at 9.00 pm

We solicit your esteemed presence for the
said inauguration ceremony &
bless us for new endeavour

Guest Speaker Dr. N.K. Subramanyam

Topic : Challenges in Communication

Hon. Guests

Dr Piyush Gupta
President CIAP 2021

Dr Bakul Parekh
President CIAP 2020

Dr Remesh Kumar
President Elect 2021

Dr G V Basavraj
Secretary General
CIAP

Dr Jayant Upadhye
Vice President
West Zone 2021

HOST

Dr Jayant Pandharikar
President
Maharashtra IAP

Dr Sadachar Ujalambkar
Secretary General
Maharashtra IAP



To Join Zoom Meeting

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Meeting ID: 845 0758 2951

Passcode: 916781